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## "Believe me I'm not lying" the issues of malingering and deception in mental health patients

Malingering is fabricating or exaggerating the symptoms of mental or physical disorders for a variety of "secondary gain" motives, which may include financial compensation (often tied to fraud); avoiding school, work or military service; obtaining drugs; getting lighter criminal sentences; or simply to attract attention or sympathy. Malingering is different from somatization disorder and factitious disorder. Failure to detect actual cases of malingering imposes a substantial economic burden on the health care system, and false attribution of malingering imposes a substantial burden of suffering on a significant proportion of the patient population.

In today's lecture we will learn how to detect malingering.

- 1. Describe malingering and deception in mental health patients.
- $2.\ Differentiate\ the\ various\ forms\ of\ malingering/deception\ in\ mental\ health\ patients.$
- 3. Explain clinical skills needed to detect malingering and deception in mental health patients.
- 4. Review objective tests used for detection of malingering in mental health patients.

## **Biography**

Fischetto is a Licensed Psychologist with a specialty in Forensic Psychology. He has been doing forensic evaluations for over 25 years and has conducted thousands of evaluations. He is a Diplomate in Forensic Psychology with the American Board of Psychological Specialties. Dr. Fischetto is also an adjunct professor in psychological testing and assessments, a consulting Psychologist at the Reading Hospital, and has a full-time private practice in counseling, consulting, and forensic evaluations for criminal and civil cases

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