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Use of fiber-optic bronchoscopy during tube change procedure in patients with a long term tracheostomy: A retrospective study

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Dementia is an umbrella term describing problems people with various brain disorders that affect their ability to conduct activities of daily living independently. With the number of people aged 60 and above set to increase by 56 percent from 901 million to 1.4 billion worldwide by 2030, the number of dementia cases is also set to increase more in Africa, if the policy makers don't set up policies to address the key factors that lead to this disorder. Habits like substance abuse e.g. (alcohol), trauma, depression, nutritional deficiencies (vitamin b-12) and infections like HIV/AIDS are responsible for the rampant dementia in developing countries. By we advocate for 1, Active ageing 2, productive ageing 3, successful ageing 4, healthy ageing, We can have more active ageing groups making them more wealthy which will lead to a happy, healthy, lively and wealthy older adults years to come. It should be noted that the poverty in developing countries makes people more vulnerable to dementia and other terminal illnesses. Our research has shown that in most of the African countries 20 percent of the older adult patients admitted in hospitals, had dementia followed by depression as the most common psychiatric disease affecting that age group.

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