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Avascular necrosis of a polyarticular nature

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We report the case of a forty year old lady who presented with avascular necrosis of her right hip. She underwent a hip replacement for this but re-presented the following year with the same pathology in her left hip. This too was replaced. However, over the following year, she developed avascular necrosis of both her knees and her left shoulder. This was confirmed on magnetic resonance imaging. She has a background of previous drug dependent syndrome and alcohol misuse. While the avascular necrosis in her hips was initially attributed to her alcohol consumption, the widespread systemic nature of her condition is likely to be purely due to this. This lady has benefitted from her bilateral hip replacements. However, she is under regular clinic review for the avascular necrosis in her knees and left shoulder. Her mobility is reduced and she uses crutches or a wheelchair. She has ongoing pain and reduced function in her left arm at present. In this case of polyarticular avascular necrosis, bilateral hip replacements have provided pain relief and improved function. However, due to the continuing polyarticular nature of her condition, further investigation to identify other possible causes and pathological processes is warranted.

Biography

Thisara C Weerasuriya pursued his MBBS and MS in Sri Lanka, MRCS in England and FEBOT in Switzerland. He is currently working as a specialist in Trauma and Orthopaedics at University Hospital of Ayr in The UK

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