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Psychosocial approach in cancer patients

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Today, Cancer is one of the most important health problems at risk of dying; fear, hopelessness, guilt, helplessness, the abandonment, anxiety, panic, involving death and uncertainties is a disease. There are medical and psychosocial factors that play a role in adaptation to disease of with cancer patients. It is that the most important of the signs and symptoms of disease, treatment regimen, previous experience of the disease, the threat posed to the age periods of disease levels, support systems, disease-related cultural attitude, personality and are coping power and skill. In patients with cancer diagnosis, treatment and post-treatment phase may be encountered in many different psychological reactions. In the diagnosis stage can be seen disbelief, denial, anxiety, anger, rebellion and patients with cancer may refuse treatment denying the disease. During diagnosis, disbelief, denial, anxiety, anger and rebellion can be seen and may refuse treatment denying the disease. In this case, without destroying the hopes of patients to accept treatment and tell the truth to ensure the continued, empathy, attention, understanding and support must be provided. Disease threatens the role in life and self-esteem, independence, competence, autonomy of the individual in the future. Cancer patients need psychological, emotional and social support. Nurses have an important role in the process recognizing of their condition of cancer patients. The role in the maintenance process, which may affect patient's quality of life by contributing to the increase his motivation and morale, can speed the patient's recovery, may facilitate his acceptance of treatment that can lead to positive results.

Biography

Sevgi Turkmen has completed Ph.D at the Ege University-Turkey, in 2011. She was born in 1978. She is working as an assistant professor at Department of Mental Health and Diseases Nursing in Celal Bayar University School of Health-Turkey. She is the president of Department of Mental Health and Diseases Nursing. She has published more than 20 papers in reputed journals.

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