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Concerns regarding complications' management of ascites among patients with liver cirrhosis at Minia university and general hospitals

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Background: There are limited data on the cirrhotic ascites of Egyptians as a result of liver cirrhosis, this study Aiming to identify the factors affecting patient's concerns regarding complications' management of ascites due to liver cirrhosis.

Patients and Methods: 30 adult patients with liver cirrhosis with ascites (24 male and 6female) the study was conducted at Minia University Hospital. Three tools to identify the factors affecting patient's concerns regarding complications' management of ascites due to liver cirrhosis.

Results: the majority of cirrhotic ascites highest at age ≥ 60 years, and the most of them male, married, workers, from rural areas, dose not have any health education, There is a majority among study group have alteration in their physical assessment and V/S include body weight and temperature...etc and most of them have dyspnea and insomnia, and abdominal problems. 56% of study group were satisfactory and their practices were adequate in 90% of the study group.

Conclusion: the majority of patients with liver cirrhosis with ascites have many complications easily ,applied methods are necessary in order to provide professional nursing interventions and follow up and correction of the deficit and overload in these complications is very important and can improve the clinical outcome. It Recommended that to provide ascites care guidelines hand book for each patient in simplified term and distributed among cirrhotic ascites to prevent and minimize the complications of ascites; counseling for repeating the` study on large number of patients with cirrhotic ascites from different geographical areas in Egypt to figure out the main aspect of this problem.

Biography

Inshrah Roshdy Mohamed has completed his PhD at the age of 35 years from Assiut University and postdoctoral studies from Supreme Council of universities in Egypt . He is the director of Medical Surgical Nursing Department and Deputy director of Quality Assurance unit ,Faculty of Nursing –Minia University. He has published more than 10 papers in reputed journals.

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