

6th World Nursing and Healthcare Conference

August 15-17, 2016 London, UK

Evaluation of the effect of obesity on self respect and sexuality in women

Nil Küçük, Meltem Mecdi Kaydirak, Çigdem Aydın Bilge and Nevin Hotun Şahin
Istanbul University, Turkey

The study was put into practice as descriptive and cross-sectional in the aim of evaluating the effect of obesity on self-respect and sexuality in women. The sample of the study consisted of 184 volunteer women who didn't go through menopause, had the body mass index of (BMI) ≥ 30 kg/cm², and applied to Istanbul University Medical Faculty at the women health polyclinic. The data of the study was collected by Rosenberg Self Esteem Scale, Body Cathexis Scale and Female Sexual Satisfaction Scale which consisted of the sociodemographic features of women. The data were analyzed using descriptive statistical methods as well as student-t test and ANOVA in the comparison with the quantitative data. The average of women's age who attend the study was 37.13 ± 7 , the average of body mass index of the women was 32.64 ± 3.1 and the average of marriage years of the women was 14.89 ± 9 . The women were determined as having a medium-high self-esteem level and as having low body-image level which meant they were not optimist. It is also determined that; as the body mass index of the women increased, the self-esteem of the women decreased significantly ($p < 0.05$); and there is no significant connection in between body mass index and sexual satisfaction ($p > 0.05$). It was specified that as the women's years of the marriage and ages increased, sexual satisfaction of the women significantly decreased. As a consequence; it was detected that as the self-esteem of the obese women decreased, their sexual satisfaction decreased significantly and body image of the women effected the sexual satisfaction of the women.

Biography

Nil Kucuk had worked in the child infection clinic of Mersin University Medical Faculty Hospital during 2012-2014 and at Istanbul Bilim University as a Research Assistant during 2014-2015. She has been working as a Research Assistant in the Istanbul University Florence Nightingale Nursing Faculty, Department of Nursing Education. She graduated from the Psychiatry Nursing Master Programme of Mersin University Institute of Health Sciences in January 2016 and has been awarded the title of Specialist Nurse. As well as, she is pursuing her PhD studies at the Istanbul University.

nilkucuk88@hotmail.com

Notes: