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Role of ozone therapy in treating vitamin D deficiency

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Nowadays there is a great concern about vitamin D deficiency which is increasing in both genders and no age group is immune to it. The main newly proven factor as one of the etiologies of the deficiency is the acidity of the blood. Acidity of the blood in most of the people is due to modernization of life and the toxins we are ingesting or inhaling like components of the fast food, processed food, soft drinks, and hormones in food. Ozone therapy acts in different directions and modalities in treating vitamin D deficiency, it acts as detoxifying agent and also it turns the acidity of the blood to alkalinity side.

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