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Integrative therapy for coccygeal fracture: A case study

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Objective: Surgical intervention for fracture dislocation of sacrococcygeal joint is recommended if conservative treatment failed. This case study illustrates the application of laser acupuncture, traditional acupuncture and Chinese herbal product (CHP) for a patient with fracture dislocation of sacrococcygeal joint.

Clinical Feature: A 23-year-old woman experienced fracture dislocation of the sacrococcygeal joint after a motor vehicle accident. Prognosis of poor healing of the fracture site was informed by the orthopedic specialist. She had received medical treatment for pain control during the past 4 months. Her progressive coccydynia and backache exaggerated while sitting and lying down. Visual Analogue Scale (VAS) was 7 points. Therefore, she came for further treatment.

Intervention & Outcome: The patient was treated with laser acupuncture at BL23, BL25, and BL32, traditional acupuncture at GV20, and CHP once per week. After 5 weeks, her backache improved and she could sit and lie down for 30 minutes. VAS was 6 points. After 11 weeks, she could sit and lie down for 1 hour. VAS was 2 points. X ray film showed healing of her coccygeal bone. (Figure 1)

Conclusion: Integrative therapy with laser acupuncture, traditional acupuncture and CHP was found to exert therapeutic effect on healing of her coccygeal bone.



Fig 1: A 23-year-old woman had fracture dislocation of her sacrococcygeal joint (Left) caused by a traffic accident. Healing of her coccygeal fracture was noted after 11 integrative therapeutic sessions of laser acupuncture, traditional acupuncture and

Biography

Chien-Hung Lin is a Medical Resident in Department of Chinese Medicine at Kaohsiung Chang Gung Memorial Hospital. He completed his Graduation from School of Chinese Medicine at Chang Gung University and studied Chinese and Western Medicine. He has obtained both certificates of medical licenses. He is interested in Acupuncture and would like to learn the knowledge from the experts through the platform of international conferences.

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