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Vulvodinia treated with acupuncture or electromyography biofeedback; an update from 2013

Conventional medical treatments of vulvodinia have limited efficacy. Surgical resection of the vulva has limiting adverse effects. Acupuncture and electromyographic (EMG) biofeedback offers alternative, forgiving treatment for vulvodinia. Currently, acupuncture for unprovoked vulvodinia has shown variable efficacy, but EMG biofeedback for provoked vulvodinia has shown consistent efficacy. Simplistically, improved trials of acupuncture for treatments of provoked and unprovoked vulvodinia are needed. However, new evidence suggests that patients who accept acupuncture for vulvodinia treatment have different pain types than patients who choose other treatment modalities. Therefore, unbiased trials of acupuncture for treatment of unprovoked and provoked vulvodinia may not occur. Similarly, direct comparison trials acupuncture to EMG biofeedback for the treatment of provoked and unprovoked vulvodinia may not occur.

Biography

Oroma Nwanodi completed her Graduation from Meharry Medical College of Nashville, Tennessee in the United States of America as a Medical Doctor in 2001. She specialized in Obstetrics and Gynecology at University of Massachussets and Maimonides Medical Center. In 2013 and 2014, she obtained specialization in Integrative Holistic Medicine. In 2016, she completed Doctor of Health Science program at A. T. Still University, Arizona. She has practiced in California, Minnesota, Missouri, New York, and Wyoming. She has published more than 30 papers in reputed journals and serves as an Editorial Board Member of repute.

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