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The Qigong energy in life from birth to transition: A holistic view

Chow has had 3NDEs in 2015, she had treasured life. Now she treasure it more deeply. Life is a continuum of both the present and the future including death or transition. Besides cancer, it appears that there is great fear about death. Part of the reason is that we don't talk about it or think about it until the time is here. Anything we don't know elicits fear until more knowledge is gained. She have never feared death, but after her experiences with death, she know that the experience is not to be feared. It is harder on those surviving. There has been a great number of studies, YouTube shows hundreds of candid videos and expounding on near-death experiences (NDE's). The foremost original researchers in life after death is Dr Raymond Moody and Dr Kubler Ross, a German doctor, have studied many people who had died and come back to life. They reported that they experienced moving through a dark tunnel very peacefully and see a bright light at the end of the tunnel. At the end of the tunnel, they saw other people (family, friends) who have passed before them and is joyfully received. Many other people now had other experiences. The term that is used is life after death, however, Dr. Chow like to use the term; life after life. In science, we learned that everything including human beings is Kinetic energy and it is always changing forms, never destroyed. Asian cultures believe in reincarnation. She had many patients that she has counseled and also going through the process of death with them.

To be brief, here are the bullet points some energetic concepts regarding death:

- We are a total energy body and connected with everything. Everything is energy in the world, in the universe and we are connected totally and quantum physics Fritjof Capra defines objects as connections of smaller objects and ad-infinitum item small objects are connections totally. Therefore we find everyone is connected there is no separation. Use of energy testing to demonstrate the validity of these points.
- So in death the kinetic theory, the physical form is no longer and have transitioned to something else.
- In death people mourn for what they don't have meaning a longer life to experience together. Oftentimes guilt is a strong emotion felt. There is a movement now the people to appreciate the life they did have and that's why they celebrate a person's life joyously.
- The person has transitioned to another mission already planned by God. So if those left behind is too sad for an extended time and not living fully. One person suffered 40 years seriously from his daughter passing, at the mention of the daughter he would show severe emotional grief. Under the energetic theory of everything being connected at whatever level higher or lower, we are holding back the person that has transitioned, they would worry about us and also our extreme sadness would hold back their energy and life from answering to their present life mission now. It is good of course for some sadness but shouldn't be extended too long.
- In essence, the person who passed is in a higher level of energy frequency, therefore, is more expansive and is capable of being closer to everyone from a spiritual standpoint.

This and the world beyond are amazing if we all embrace it. The past, present, and future are all in this sphere except at different frequency levels. There are many exciting energetic concepts to understand yet in life. Chow will demonstrate some of this wonder energetically.

Biography

Effie Poy Yew Chow is founder and president of East West Academy of Healing Arts, American Qigong Association and World Qigong Federation. She is a world-renowned Qigong Grandmaster energy healer, ("Mother of Qigong in the West"); acupuncturist, psychiatric and public health nurse, Masters in Behavioral Sciences and Communication; and his PhD in Education; author, international speaker, humanitarian, futurist, and visionary. Qigong Grandmaster Effie Poy Yew Chow is the founder of the annual World Congress on Qigong/Traditional Chinese Medicine/Natural Healing. She is the founder/developer of the Chow Integrated Healing System/Chow Medical Qigong (CIHS/CMQ) travels worldwide to give programs and to see clients. Was appointed in 2000 by President Bill Clinton to the 20 member White House Commission on Complementary and Alternative Medicine Policy. March 2017 was selected as one of 12 people worldwide honoured by the First Museum in the World on Chinese Medical Qigong.

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