

3rd International Conference and Expo on

Natural, Traditional & Alternative Medicine

September 24-25, 2018 | Montreal, Canada

"Piles patronage": About hemorrhoids or piles

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It is a very common anorectal disease. It is defined as the symptomatic enlargement and/or distal displacement of anal cushion which are the prominence of anal mucosa formed by loose connective tissues, smooth muscle, arterial and venous vessels. True prevalence/expansion of Haemorrhoids is not known so far. On the basis of epidemiologic study in the U.S in 1990, it was estimated that 25% of British people and 75% of American citizens would face this disease in their life particularly in their old age or during their pregnancy. Ahead of Gastroesophageal reflux disease and sexually transmitted disease.

Cause: Enlargement of veins around the anus cause Haemorrhoids /Piles. This can be due to the following reasons: Un-natural sex: a Sexual activity involving penetration of something into the anus. Pregnancy: During pregnancy this problem increases because of the size of the uterus increase. It puts the pressure on veins in the colon, causing it to bulge, Chronic Constipation, Continuous Sitting for the Long period, Wine, Red Chilli, Old Age, Wounds and Ulcer etc.

Symptoms: The main symptoms of Hemorrhoids like Itching or irritation in the anal area, Painless bleeding or bleeding with pain also with stool, Swelling/lumps on or around the anal area and leaking feces

Types of Haemorrhoids/Piles

- 1 External Haemorrhoids: These haemorrhoids are visible near the anus and can be viewed from outside.
- 2 Internal Haemorrhoids: These are deep inside the rectum and not visible from outside.

Treatment: There are so many treatments at the initial stage to get rid of this: Eat high fibre food i.e. eat more fruits, vegetables and whole grains, keeps your anal area clean, apply ice, cream contains hydrocortisone as an ingredient, pain killer like Aspirin, Ibuprofen etc. It can be also removed by non-surgical treatments like removal of haemorrhoids by rubber band ligation method, Injection: A solution is injected into the internal haemorrhoids, infrared and photocoagulation are two other options, there are also some surgical methods like as per the medical science this is the last option to get rid of haemorrhoids/piles.

Biography

Harvinderpal Singh Walia has done their post-graduation in mathematics and graduation with science. He was teaching subjects chemistry and mathematics to the students. Besides that, he served many medicines for the number of patients from more than 25 years. He started his journey to give a treatment for haemorrhoids in 1992. He never tried to get highlight their invention before. He served medicine through Doctors, direct contacts and on medical camps. He got 100% results till date and found his own registered pharmaceuticals company in 2016. Currently, he is a managing director of his company. He is always ready for an open debate with highly qualified Doctors and Surgeons about their own formulas of medicines. He believes in serving humanity in the motive of good cause.

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