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Improved criteria for clinical, laboratory, molecular and pathologic (2018 clmp) diagnosis and staging of Prefibrotic JAK2, *CALR* And *MPL* mutated Myeloproliferative Neoplasms

Jan Jacques Michiels¹, Yonggoo Kim², Myungshin Kim², Vasily Shuveav³, Francisca Valster⁴, Vincent Potters, Zwi Berneman⁵, Alain Gadisseur, Wilfried Schroyens, Mihaela Andreescu⁶, Adrian Trifa⁷ and Hendrik De Raeve⁸

¹Goodheart Institute and Foundation in Nature Medicine & Health

²The Catholic University of Korea, Korea

³Russian Research Institute of Hematology and Transfusiology, Russia

⁴Bravis Hospital, Bergen op Zoom, The Netherlands

⁵University Hospital Antwerp, Belgium

⁶Romanian Working Group on Myeloproliferative Neoplasm, Colentina Clinical Hospital, Romania

⁷Luliu Hatieganu University of Medicine and Pharmacy and Ion Chiricuta Cancer Institute, Romania

⁸OLV Hospital Aalst and University Hospital Brussels, Belgium

The broad spectrum of JAK2 V617F mutated trilinear myeloproliferative neoplasms (MPN) includes essential L thrombocythemia (ET), prodromal polycythemia vera (PV), erythrocythemic PV, classical PV, masked PV and PV complicated by splenomegaly and myelofibrosis (MF). ET heterozygous for the JAK2 V617F mutation is associated with low MPN disease burden and normal life expectancy. JAK2 V617F mutation load increases from less than 50% in prodromal and early stage PV to above 50% up to 100% in combined heterozygous/homozygous or homozygous JAK2 V617F mutated PV, advanced PV and progressive myelofibrosis (MF). Pretreatment bone marrow morphology and cellularity distinguish JAK2 V617F mutated trilinear MPN from calreticulin (CALR) and MPL mutated MPN. The morphology of clustered large pleomorphic megakaryocytes with hyperlobulated nuclei is similar in JAK2 V617F ET and PV patients. CALR mutated thrombocythemia shows bone marrow characteristics of normocellular megakaryocytic (M) proliferation and subsequent dual megakaryocytic granulocytic (MG) myeloproliferation, first described in the 1990s as primary megakaryocytic granulocytic myeloproliferation (PMGM) without features of PV in blood and bone marrow. MPL515 mutated thrombocythemia is featured by the monolinear proliferation of large to giant megakaryocytes with hyperlobulated staghorn like nuclei. Natural history and life expectancy relate to the degree of splenomegaly, myelofibrosis, constitutional symptoms and increased allele burden in JAK2 V617F trilinear MPN and MPL515 thrombocythemia but CALR thrombocythemia runs a more favourable course during life-long follow-up. The acquisition of epigenetic mutations at increasing age predict unfavorable outcome in JAK2, CALR and MPL mutated MPN. Low dose aspirin in ET and phlebotomy on top of aspirin in PV is mandatory to prevent platelet-mediated microvascular circulation disturbances. Pegylated interferon is the first line myeloreductive treatment option in prodromal and early stage JAK2 V617F mutated PV and in CALR and MPL mutated thrombocythemia to postpone or obviate the targeted use of hydroxyurea and ruxolitinib as long as possible.

goodheartcenter@upcmail.nl