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## Innovation method “Shar” for recovery of blood vessels

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**Statement of the Problem:** Sclerotic changes in the blood vessels in the local areas lead to cell hypoxia in the human body. The cell hypoxia damages the sodium-potassium membrane pump. The author proposes an innovative technique for reconstructing the lumen of blood vessels of any solid and soft tissues of the person based on fundamental alternative medicine in the field of biolocation is presented. This bioenergetics' method of human treatment was given the author's name "Method Shar".

**Methodology and Theoretical Orientation:** The effect of "Innovative Method Shar" is effective on the nuclei of nerve cells of blood vessels near the border of the affected local site. It leads to the activation of smooth muscle and endothelial cells. As a result, endothelial cells reproduce a huge spectrum of suspension, the formation of which leads to the dissolution of plaques within the vessels. There is a process of restoration of the lumen of blood vessels.

**Conclusion & Significance:** The innovative “Method Shar” has no world analogs in its capabilities in restoring the lumen, both the main vessels and the small branches of the vessels, up to the restoration of blood supply at the cellular level of man. The “Method Shar” has a high efficiency in the treatment of any local area of varicose veins, even with weakened forms of damage to the blood vessels of diabetes mellitus. The necessary time for treatment by the “Method Shar” depends on the age of the patient and on the degree of vascular injury

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