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Contact dermatitis to cosmetics

Maisa Alfalah

King Abdulaziz Medical City, KSA

Everybody uses cosmetics: Shampoos, soaps, toothpaste, perfume, deodorants, hair dye, moisturizers, makeup, nail polish, etc. Adverse reactions are rare in proportion of use, but common in absolute numbers. Irritant contact dermatitis is more frequent than allergy. Some people with very sensitive skin are intolerant of most cosmetics (status cosmeticus). Cosmetics are generally safe but at times cause a lot of discomfort. Prevalence of adverse reactions is unknown as most victims never report. Hair dyes and artificial nails cause the worst reactions. Occupational dermatitis is frequent among hairdressers and beauticians. Patch testing is the key diagnostic procedure.

Biography

Maisa Alfalah is currently working under Dermatology Department at King Abdulaziz Medical City in Riyadh in Saudi Arabia.

dr.alfalah83@yahoo.com

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