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Twilight growth factor lift: A minimally invasive approach for facial rejuvenation

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Minimally invasive techniques are the need of the hour to achieve the best results in facial rejuvenation. The ageing face shows poor definition of the mandibular margin, wrinkles of the forehead, vertical wrinkles in the glabellar area, drooping of the zygomatic malar region, and deepening of the nasobuccal fold. Another main factor in the effect of aging on appearance is gravity, due to the resorption and atrophy of fat and muscle especially in the middle third of the face and hence increased skin laxity in the lower third of the face. To counteract the volume loss in the middle third and increased skin laxity in the lower third a combination technique proved to be an accurate method to treat the ageing face. The twilight lifting techniques lays emphasis on the use of PDO threads with growth factors derived from the patient's blood. Activated growth factors with PDO helps collagen synthesis and activates a series of events that help in collagen re-modeling and increase in lymph circulation which in turn causes the firmness and acts as an asset in facial rejuvenation.

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