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Non-surgical facial rejuvenation

Narmada Matang*Neo Skin and Cosmetic Clinic, India*

In the ever advancing world of aesthetics patients seek more from physicians and have been opting for non-surgical treatments. As a physician there couldn't be a better time than now to enjoy the variety of technologies laser and energy based devices, topical therapies and minimally invasive volumetric enhancement modalities to give the best to our patients. Subtle enhancements in facial aesthetics preserving the natural appearance continue to be the trend. A three dimensional view of facial aging indicates the progressive depletion of different fat compartments resulting in dynamic changes in facial appearance. Global volumetric correction with HA fillers and energy based devices for treatment of skin laxity along with textural skin enhancement are need of the hour for facial rejuvenation. The no or low downtime, comfort during the treatment and safety adds to the popularity of these treatments. A defined approach to patient concern along with combination of various nonsurgical treatments can help give fairly long lasting satisfying results for facial rejuvenation. I discuss the global approach with various minimally invasive techniques in patients of varied skin type and how combination of treatments is the solution for best outcome.

narmadamatang@gmail.com