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Bariatric surgery - Current perspective and types of procedures

Obesity is a serious problem giving health related issues to people on almost daily basis. A number of people who go through the bariatric surgery to remove the excess pounds solely do it for some health issues that they have been experiencing including uncontrolled diabetes, hypertension, polycystic ovarian disease, thyroid related problems etc. Never the less few also opt for the procedure when diet and exercise alone have not helped them to achieve the expected results. Over a period of 8 years we have performed over 250 bariatric procedures. There is a wide range of procedures commonest being gastric bypass and sleeve gastrectomy however which one fits whom varies from patient to patient. Without a doubt bariatric surgery has many advantages. It is as safe as any other procedure and can be done via keyhole minimally invasive approach. Our experience has been great where patients have lost weight without being malnourished or getting underweight. Maximum weight loss happens over a period of 6 months with more pounds being shed over a period of two years. Obese patients are given a new life with improved health with bariatric surgery.

Biography

Rohit Kumar is Medical Director & Head of Surgery at Medeor 24x7 Hospital Dubai, United Arab Emirates. He completed his FIASGO Field of Study Fellowship - International Association of Surgical Gastroenterology & Oncology from Athens Medical Center, Greece And FHBPS Field Of Study Hepato-biliary & Pancreatic Surgery from Chiba Medical University, Japan. His skills and endorsements are in the fields of Laparoscopic Surgery and Healthcare management.