

CBD – Cognitive Behaviour Drama: An inclusive pedagogy

Haris Karnezi

Trinity College Dublin, Ireland

Cognitive Behavior Drama (CBD) is a ground-breaking research based intervention model that brings together the science of psychology with the art form of drama to create an unobtrusive and exciting approach for children with behavior and communication difficulties including (Asperger syndrome, HFA, ADHD, selective mutism). It is a child-centered approach that uses the participants' strengths and special interests to address areas of concern. Through interactive fairy-tales it provides them with the motivation and opportunity to learn and practice target skills, as well as overcome personal difficulties (including fears and anxieties).

This interactive presentation will discuss how children on the autism spectrum process information differently, the resulting challenges and how to address them, suggesting a pedagogy for autism, as well as strategies for inclusion in mainstream education. Attendees will have the opportunity to get an understanding of the theoretical underpinning of the CBD model and hands on experience on its practical application. By the end of the session participants will be inspired to use their creativity to develop their own CBD lesson plans and implement the strategies learned with their students.

This presentation is useful to all teachers in mainstream or special education, and allied mental-health professionals.

Biography

Haris Karnezi is the founder/director of the Cognitive Behaviour Drama Centre in Athens, Greece. She has a bachelor's degree in Performing Arts from the Athens School of Dramatic Art in Greece, a Master of Arts in Drama in Education from the University of Central England in Birmingham, UK and a PhD from the School of Psychology at Trinity College Dublin, Ireland. She has received honors and awards for her research such as the prestigious Woman of the Year Award, in the science category, and has published her research in reputable peer-reviewed journals.