

Exploring the attitude toward older people in the new generation of nursing students

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Introduction: The attitude towards elderly is closely related to the willingness to care for the elderly. According to the increasing elderly population and changes in society, technology and environment, it may need to gain a better understanding of new generation nursing students' attitude toward older people.

Purpose: To understand new generation nursing students' the attitude toward older people and its influence factors.

Method: It was a cross-sectional study. The data were collected in 2018 from a college of nursing students (15-20 years old). Two classes were randomly selected for each grade (grade1-5). The response rate was 82.8% (n=418). Excluding incomplete questionnaires, there were 400 participants in this study. The structured questionnaire contained sociodemographic data and Kogan's Attitude toward Older People Scale (KAOPS)-Taiwan version.

Result: Total scores of the KAOPS were from 34 to 238. The mean of the KAOPS was 166.94 (SD23.3) in the study. The study indicated the nursing students who were the lower grade ($r=-0.12$, $p=0.015$), lived with elderly in the past ($r=0.15$, $p=0.003$), having been cared by elderly ($r=0.11$, $p=0.024$) and having a nice relationship with grandmother ($r=0.17$, $P=0.000$) ($r=0.14$, $P=0.003$) and grandfather ($r=0.1$, $P=0.033$), might have a more positive attitude toward older adults.

Conclusion: Young generations of nursing students have a positive attitude toward older adults. It might be helpful to construct a positive attitude toward older adults by increasing the interaction with family elderly to build up an intimate relationship.

Biography

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