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Fibromyalgia should be a common term for all inflammatory immuno allergic disorder

Fibromyalgia is a large immuno-allergic disorder, also collectively known as collagen vascular disorder ranging from skin, subcutaneous tissue, periostem, ligaments joint capsules, tendons and muscles inflammatory disorder. Fibrous tissue components are essential part all these tissues including. We tried to follow up most of the disease entities with common presentations, common reflection in investigations and common treatment started, results studied for 3 years. Total number of patients 1500; presenting with pain in 1450, stiffness in 150 fleeting character in 120, worsening at rest in 1300, skin rash 5 photosensitivity in 7. In investigation common abnormalities raised ESR in 1006, Rheumatoid factor positive in 206, CRP raised in 328, CPK raised in 52, ANF +ve in 35, HLAB -27 positive in 23 and pain and/or stiffness in all. Treatment started were steroid, immuno suppressants. Responses noted in 1500 patients. In long term follow up at rheumatology clinic and at pain clinic, patients were categorized in following entities according to their diagnostic criteria and according to investigation results. Tendinitis 655, Rheumatoid Arthritis 120, SLE 20, Systemic sclerosis 15, Myosits 450, MCTD 14, Sjogren syndrome 1, Soft tissue Rheumatism 45, Bursitis 35, Osteoarthritis peri-ostitis 70, JRA 50, Joint capsulitis 25. We conclude saying fibralgia, fibromyalgia with common immuno-allergic in origins which ultimately placed in different groups by rheumatologist, all have genetic predisposition in most of the cases according to isolated disease entities. All diseases mentioned can come under cover of our term "Fibromyalgia".

Biography

Nihar Ranjan Haldar is 60 years old and a resident of Siliguri, Darjeeling, India. He completed his M.B.B.S from Calcutta University in 1982, MD (Medicine) in 1987 and DM (Neurology) in 1990 from PGIMER Chandigarh. He Practicing Neurology in India, Nepal, Bhutan & Bangladesh for 27 years. He presently works as a Professor in the Department of Neurology at Nobel Medical College Teaching Hospital & Research Centre, Biratnagar, Nepal. He is also Director of Tenovus Research & Diagnostic Centre and Founder Director of Mrigna Centre for Epilepsy. Nihar Ranjan Haldar engaged in patient care, neuroelectrophysiology and research work. He presented and published his work in various Conferences and Journals. He is also member of Neurology Society of India, Association of Neuroscientist of Eastern India, Indian Academy of Neurology and American Academy of Neurology.

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