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Integrative Medicine, oncological physiotherapy, dermatofunctional physiotherapy and trichological physiotherapy. New frontiers

Francesco D'Ambra

University of Naples Federico II – Napoli - Italy

With the holistic approach of integrative medicine, we have managed, with the SDPA, SOPHYA and AIFIDER associations, to create a relationship between different disciplines. In the branch of DermatoFunctional Physiotherapy, the study of Trichological Physiotherapy applied to the oncology field allows us to treat many patients in a preventative manner to address the problem of baldness. Over 58% of cancer patients consider alopecia the most traumatizing event, while 8% are willing to give up treatments. The integrated dermatofunctional physiotherapy approach for various clinical pathologies of an aesthetic-functional nature enhances and guarantees objective results, without involving risks inherent in the patient's health, promoting well-being and quality of life. This integrated approach of techniques and knowledge is particularly important in the rehabilitation of mastectomy patients, burn patients, post-traumatic scars, among others. Other essential components of the intervention of the Physiotherapist specialist in Dermatofunctional are the pre- and post-operative phases of Plastic and Aesthetic Surgery. Trichological physiotherapy is the fusion of over 15 years of work, study and research in the trichological field, between manual therapy and physical therapy.

What are the results?

Physiotherapy trichological therapy has no side effects and is a perfect adjunct to classic therapy, improving the results on the elasticity of the scalp and therefore on the vascularization and microcirculation by 43%. Studies are only at the beginning as a small circle of physiotherapists deals with this branch.

Biography

Francesco D'Ambra is a Doctor of Physiotherapy and Osteopath DO.M.ROI specialized in Functional Dermato in Italy, Spain and Brazil. For over 15 years I have been involved in aesthetic and trichological surgery in the hair transplant sector. Specialist, international lecturer in Trichology and creator of the D'Ambra® Method Since 2020 I have been involved in research in oncology and trichology. Founder and Director of Swiss Academy of Trichology President of SOPHYA (Swiss Oncological Physiotherapy Association) President of SDPA (Swiss Dermatofunctional Physiotherapy Association) In 2022 I will obtain the Swiss certification in NLP & Coaching.