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Meta-analysis of the correlation between spiritual intelligence and professional outcomes in nursing practice

Introduction: The concept, spiritual intelligence evolved in 1997 based on eastern religious, ancient civilization, and indigenous cultures and was introduced as our ultimate intelligence. since then, SI has been widely considered within different professions and in the past decade has gained traction with the nursing practice. This review was conducted to investigate the association between SI and professional outcomes in nursing practice.

Materials and Methods: The search strategy included 10 electronic databases focusing on articles published in English and Persian language from 2000 to 2020. Published observational studies that examined the relationship between spiritual intelligence and professional outcomes in nursing practice were included.

Results: A total of 95 titles and abstracts were screened resulting in 27 observational studies included in a meta-analysis. Most of the studies indicated a positive relationship between SI and professional outcomes such as competency, care quality, resiliency, and commitment for nurses. The meta-analysis revealed a moderate correlation between SI and nursing professional outcomes (r = 0.34, 95% CI: 0.27-0.40, I 2 = 84.35%)

Conclusion: Spiritual intelligence is associated with better outcomes in the nursing profession. Strategies to improve SI among nurses are warranted.

Biography

Mr. Amir Masoud Sharifnia, BSN, is a fourth-year undergraduate nursing student in Iran who will graduate in 2022. He is well acquainted with the design of studies and analytical skills in clinical research especially structural equation modeling and meta-analysis.

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