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Need for psycho-social support for cancer patients**Abhishek Dube***Sagar Chemicals Private Limited, India*

Statement of the Problem: Cancer brings with it challenges for patients on several fronts. Also, there are psycho-social problems including: (a) trouble coping with having cancer, (b) feeling apart from family and friends, (c) changes in how a family gets along and works together, (d) problems working or going back to work, (e) financial considerations in treatment and recovery, (f) fear of the cancer coming back, and (g) fear of death. These considerations indicate to need for psycho-social support for cancer patients. It has been found that people with cancer who have psycho-social (including social and resource) support have better quality of life.

Psycho-social support includes counselling, education, spiritual support, and group support. These services may be provided by psychiatrists, psychologists, counsellors, social workers, and nursing practitioners. Family members, peers, and people around can also play important role. In addition to this, support groups can bring together people with similar situations. In these groups, people can share their concerns and learn how others have coped.

Individual counselling is important consideration in psycho-social support for people with cancer. This mechanism is a good option if patients' feelings are preventing them from doing their normal day-to-day activities. In such counselling, they can talk about worries and concerns. It is important to remember that having cancer (or having a loved one with cancer) is a different experience for each person.

Methodology & Theoretical Orientation: Objective of this paper is to outline importance of psycho-social support for people with cancer.

Findings: Having cancer is hard, with stigma attached to it. Cancer diagnosis has implications for the patients, their family, and their loved ones around. Having cancer impacts the physical, social, emotional and spiritual parts of life. Some cancer patients experience (a) anxiety, (b) depression, and (c) distress. This is the psycho-social effect of cancer which should be addressed by medical and para-medical staff.

Biography

Abhishek Dube is M.Sc. (Industrial Psychology) & MBA from University of Rajasthan, Jaipur, India. A Professional with more than 23 years of consistent experience. Worked with various Industries PAN India like Sagar Chemicals Pvt Ltd., Vitromed Healthcare Ltd. (VITRO NATURALS), Jubilant Life Sciences Ltd., Hem Securities Ltd., Shriram Life, Reliance Life, SBI Life & ICICI Prudential, am Organic Chemicals Ltd, GSL (India) Ltd., Alfa Laval Agri (India) Ltd. Also completed Course Authorized by Yale University, on Addiction Treatment: Clinical Skills for Healthcare Providers in 2022. Currently Sales Head at Sagar Chemicals Pvt. Ltd.