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Need for supportive care for cancer patients**Santosh Kumar Mishra**

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Statement of the Problem: Supportive care is about increasing quality of life of cancer patients, while oncology is treating their cancer. Treating doctors are of the view that people diagnosed with cancer symptoms face significant challenges. Challenges are evident in the form of physical, emotional, and functional problems (e. g, ability to perform day-to-day work/activities). Importantly, some cancer patients also experience side effects ("short-term", "long-term", and/or "life-long") from the cancer treatment. In the absence of adequate supportive care, anti-cancer treatment may be delayed or stopped altogether, all of which can lead to worse outcomes. It aims to improve the quality of rehabilitation This is the reason why excellent cancer treatment requires supportive care, ingredients of which are three-fold: (a) improved communication between people with cancer and caregivers about disease, (b) reducing the emotional burden, and (c) psycho-social support for cancer survivors. In terms of principles, supportive care: (a) aims to improve quality of life, (b) is relevant throughout the cancer treatment experience, (c) involves a person-centric and holistic approach, and (d) is a basic right for all people with cancer. Support care interventions make excellent care possible.

Methodology & Theoretical Orientation: The prime objective of this paper is to present narrative on need for supportive care for cancer patients. Also, it outlines principles of supportive care. Secondary data been used in this work. Data are largely 'qualitative' in nature; they were collected from secondary sources. Method of data analysis is 'descriptive'.

Findings: Major finding of this paper is that supportive care makes excellent cancer care possible; it facilitates prevention and management of the adverse effects of cancer and its treatment. Supportive care includes management of physical and psychological symptoms and side effects during the cancer journey (from diagnosis and treatment to post-treatment care). Supportive care aims to improve the quality of rehabilitation, secondary cancer prevention, survivorship, and end-of-life care.

Biography

Santosh Kumar Mishra was Independent Researcher (Scholar), retired (on June 30, 2020), as Technical Assistant, from Population Education Resource Centre, Department of Lifelong Learning & Extension, S.N.D.T. Women's University, Mumbai, India. Santosh Kumar Mishra underwent training in demography, with award of Government of India Fellowship, during 1986-1987 from the IIPS, Mumbai. Also, Santosh Kumar Mishra acquired Ph. D. from University of Patna in 1999. Santosh Kumar Mishra qualifications include Post-Master's Diploma in Adult & Continuing Education, Certificate Course on Hospital and Health Care Management, and Diploma in Human Resource Development. Santosh Kumar Mishra have authored (some co-authored) 5 booklets, 4 books, 23 book chapters, 97 journal articles, 2 monographs, 7 research studies, & 56 papers for national & international conferences (some with bursary). Santosh Kumar Mishra have been awarded with Certificate of Excellence in Reviewing for 2017, 2018, 2021 & 2022. Santosh Kumar Mishra have been conferred with Excellence of Research Award for outstanding contribution & recognition in the field of agriculture in 2021.