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### **The effect of disabled training on attitudes toward people with disabilities of adolescent**

Disability is an unfavorable situation in which the individual is not able to partially or completely perform his/her expected roles according to age, gender, social and cultural factors. Attitude is not a behavior inherent in the individual. It is acquired through learning from parents, friends, mass media and individual experiences. In many studies, it was determined that the negative attitudes exhibited against disabled individuals negatively affected every stage of their lives. Considering that the students in secondary training institutions are adolescents and that the training to be given about the disability in this period prevents their negative attitudes about the disability, this paper aims to determine the attitudes of adolescents towards disabled people and to determine the effects of training on their attitudes towards the disabled. The data were collected through Attitudes Towards Disabled Person Scale and Sociodemographic Data Form. The findings of the study show that young people participating in the research have positive attitudes towards disabled people, necessitating that positive attitudes towards them be increased. It also shows that awareness training about disabled people given to adolescents helps adolescents change their attitudes towards disabled people in a positive way.

### **Biography**

Selen Ozakar Akca was born in Samsun, Turkey in 1980. She received her PhD degree from Istanbul University Institute of Health Science with the thesis entitled "Risk-Taking Behaviours of Adolescents and The Effect of Nursing Practice on Substance Abuse in Accordance With Model of Change in Adolescents" in 2013. She has been working in Hitit University Health School since 2008. She is married and has a son.

### **Notes:**