



30th International Conference on Cardiology and Healthcare

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[Cardiovascular diseases](#) are foremost cause for the deaths globally. Large number of deaths occurs due to cardiac disorders than from other diseases. About 18.9 million people died because of cardiac disorders in 2018 representing 36% of all global deaths. Hypertension is one of the most predominant pathologies among other cardiovascular disorders influencing around 75 million grown-ups of the patients diagnosed with hypertension, just 57% have adequate blood pressure control. The worldwide predominance of hypertension is 28.3% which records for 1.1 billion individuals. One investigation found that hypertension in the end prompts to cardiac failure with a middle time of 14.1 years.

Anwar Eman Ibrahim had given “Effect of moderate physical activity on reduce of blood pressure in hypertensive patients” in which it gives how physical activity helps to control high blood pressure and helps you manage your weight, strengthen your heart and lower your stress level.

Cardiology is a branch of medicine dealing with disorders of the heart. It includes medical diagnosis and treatment of Coronary Artery Disease, Heart Failure, Valvular Heart Disease, Electrophysiology, Inherited Heart Disease and [Congenital Heart Defects](#). Cardiologists study the dysfunctions of the heart, but the study of adult and child heart disorders are through dissimilar training pathways. Therefore, an adult cardiologist is not fully trained to take care of children, and pediatric cardiologists are inadequately trained for adults. The surgical features is not included in cardiology and are in the discipline of cardiothoracic surgery, for example, Cardiopulmonary bypass and Coronary artery bypass surgery are two surgical procedures performed by Cardiac surgeons, not cardiologists.

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The global [cardiovascular therapeutic drug market](#) was worth \$140.7 billion in 2009 and is expected to grow by a compound annual growth rate (CAGR) of 2.7% to \$144.5 billion in 2010. This market will experience a sizable reduction in the early portion of the forecast period, and then slowly rise to reach \$139.8 billion in 2015, a CAGR of -0.7%.

Organizing Committee Members:

Anwar Eman Ibrahim, Alexandria University, Egypt

Fundamental information about the Cardiology and its advancements in treatment of cardiac disorders has been discussed in “**29th International Conference on Cardiology and Healthcare**” (Cardiology Care 2019) which held during **June 10-11, 2019 Helsinki, Finland** with the theme “*Integrate the Innovations in Cardiology Research*”. Now “**30th International Conference on Cardiology and Healthcare**” (Cardiology Care 2020) is going to be held during **August 10-11, 2020 Dubai, UAE** which is revolving around the theme “*Beat Goes on, with a Wealthy Heart*”.

References:

1. Effect of moderate physical activity on reduce of blood pressure in hypertensive patients by Anwar Eman Ibrahim.



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