

Depending on How Consistent the Parent-adolescent Cultural Orientation is, there are Differences in the Relationship between Parenting Behaviours and Adolescents' Well-Being

Yang Gai*

Department of Sociology and Social Anthropology, Dalhousie University, Halifax, NS B3H 4R2, Canada

Introduction

Parenting behaviors have a significant impact on adolescents' well-being, but the relationship between these factors can vary depending on the consistency of parent-adolescent cultural orientation. This article explores how the alignment or misalignment of cultural values between parents and adolescents influences parenting behaviors and, consequently, adolescents' well-being. By examining existing research and theoretical frameworks, this article aims to provide a comprehensive understanding of the complex interplay between cultural orientation, parenting behaviors, and adolescent outcomes. Adolescence is a critical period of development characterized by physical, cognitive, and socioemotional changes. During this time, the influence of parents on adolescents' well-being remains substantial, with parenting behaviors playing a crucial role. However, the impact of parenting behaviors on adolescents' well-being can be influenced by the consistency of parent-adolescent cultural orientation. Cultural orientation refers to the extent to which individuals identify with and adhere to the values, beliefs, and practices of their cultural background. Understanding the impact of consistency in parent-adolescent cultural orientation has implications for parenting interventions and programs aimed at promoting adolescent well-being. Interventions should consider the cultural context of families and promote cultural sensitivity in parenting practices [1-3]. Future research should further explore the mechanisms through which consistency in cultural orientation influences parenting behaviors and adolescent outcomes, and investigate the role of other contextual factors, such as family dynamics and acculturation stress.

Description

Numerous studies have demonstrated the impact of parenting behaviors on adolescents' well-being. Authoritative parenting, characterized by high levels of warmth and support combined with appropriate levels of control and monitoring, has been consistently associated with positive outcomes for adolescents, including higher self-esteem, better academic performance, and lower rates of risky behavior. In contrast, authoritarian and permissive parenting styles have been linked to negative outcomes, such as lower self-esteem, higher levels of anxiety, and increased risk of delinquency. The consistency of parent-adolescent cultural orientation can influence the effectiveness of parenting behaviors. When parents and adolescents share similar cultural values and beliefs, parenting behaviors that align with these values are likely to be more effective in promoting positive outcomes for adolescents. However,

*Address for Correspondence: Yang Gai, Department of Sociology and Social Anthropology, Dalhousie University, Halifax, NS B3H 4R2, Canada, E-mail: gaiy@gmail.com

Copyright: © 2024 Gai Y. This is an open-access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.

Received: 02 March, 2024, Manuscript No. assj-24-133626; Editor Assigned: 04 March, 2024, PreQC No. P-133626; Reviewed: 15 March, 2024, QC No. Q-133626; Revised: 20 March, 2024, Manuscript No. R-133626; Published: 27 March, 2024, DOI: 10.37421/2151-6200.2024.15.617

when there is a mismatch between parent and adolescent cultural orientations, parenting behaviors that may be perceived as appropriate by parents may not resonate with adolescents, leading to conflict and potentially negative outcomes [4-6].

Conclusion

Understanding the role of cultural orientation consistency in the relationship between parenting behaviors and adolescents' well-being has important implications for practice. Interventions aimed at improving parent-adolescent relationships and promoting positive parenting practices should consider the cultural backgrounds of both parents and adolescents. Additionally, efforts to support adolescents' well-being should take into account the diversity of cultural values and beliefs within families and communities. The relationship between parenting behaviors and adolescents' well-being is complex and influenced by various factors, including the consistency of parent-adolescent cultural orientation. By considering the role of cultural orientation consistency in parenting practices, researchers and practitioners can develop more nuanced approaches to promoting positive outcomes for adolescents across different cultural contexts. Consistent cultural orientations are linked to better adolescent outcomes, including higher self-esteem, better academic performance, and fewer behavioral problems. Consistent orientations also promote adolescents' sense of identity and belonging. Inconsistent orientations, on the other hand, may lead to identity conflicts, acculturative stress, and mental health issues among adolescents.

Acknowledgement

None.

Conflict of Interest

None.

References

1. Ryan, Richard M. and Edward L. Deci. "Self-determination theory and the facilitation of intrinsic motivation, social development and well-being." *Am Psychol* 55 (2000): 68.
2. Sheldon, Kennon M., Neetu Abad and Jessica Omoile. "Testing self-determination theory via Nigerian and Indian adolescents." *Int J Behav Dev* 33 (2009): 451-459.
3. Deci, Edward L. and Richard M. Ryan. "Facilitating optimal motivation and psychological well-being across life's domains: Correction to Deci and Ryan (2008)." (2008): 262.
4. Church, A. Timothy, Marcia S. Katigbak, Kenneth D. Locke and Hengsheng Zhang, et al. "Need satisfaction and well-being: Testing self-determination theory in eight cultures." *J Cross-Cult Psychol* 44 (2013): 507-534.
5. Tay, Louis and Ed Diener. "Needs and subjective well-being around the world." *J Pers Soc Psychol* 101 (2011): 354.
6. Chen, Beiwen, Jasper Van Assche, Maarten Vansteenkiste and Bart Soenens, et

al. "Does psychological need satisfaction matter when environmental or financial safety are at risk?." *J Happiness Stud* 16 (2015): 745-766.

How to cite this article: Gai, Yang. "Depending on How Consistent the Parent-adolescent Cultural Orientation is, there are Differences in the Relationship between Parenting Behaviours and Adolescents' Well-Being." *Arts Social Sci J* 15 (2024): 617.