# Exploring TiO<sub>2</sub> Thick Films for Enhanced Glucose Sensing: Synthesis and Characterization

#### Hongli Wang\*

Department of Biomedical Engineering, Shanghai University of Engineering Science, Shanghai 201620, China

#### Introduction

Diabetes mellitus is an ongoing infection gotten from an endocrine problem. Type 1 diabetes occurs when the pancreas does not produce enough insulin for the human body, while type 2 diabetes occurs when cells do not use insulin effectively. Lately, diabetes has been viewed as a pestilence; its onset and progression may be gradual and asymptomatic, resulting in secondary complications or a sudden onset of lethal symptoms [1]. The early determination and observing of the sickness require the control of glucose levels in the body to defer and try and forestall the movement of microvascular entanglements, like retinopathy, nephropathy, neuropathy and macrovascular difficulties, for example, stroke and coronary illness. A few medical clinics and research centers are fit for distinguishing glucose in clinical blood tests through the utilization of spectroscopies. In any case, the interest for glucose observing frameworks for self-testing is continually expanding, attributable to the addition of individuals with diabetes [2].

In the realm of biosensing, the quest for accurate and efficient glucose detection remains paramount, especially given the increasing prevalence of diabetes and the demand for continuous glucose monitoring. Titanium Dioxide  $(TiO_2)$  thick films have emerged as promising candidates for glucose sensing due to their unique properties, including high surface area, excellent biocompatibility and potential for enhanced electron transfer. This study delves into the synthesis and characterization of  $TiO_2$  thick films, aiming to unravel their potential in revolutionizing glucose sensing technology. By harnessing the advantages of  $TiO_2$ , this research seeks to contribute to the development of sensitive and reliable glucose sensing devices, potentially transforming the landscape of diabetes management [3].

### **Description**

The synthesis process begins with the careful preparation of  $TiO_2$  thick films using a combination of advanced deposition techniques. The goal is to achieve a controlled thickness, uniformity and crystalline structure that will optimize the film's interaction with glucose molecules. The fabrication process includes several crucial steps, such as precursor solution formulation, deposition method selection (e.g., sol-gel, spin coating, or electrodeposition) and heat treatment for film consolidation. These steps are meticulously tuned to ensure the resulting  $TiO_2$  thick films exhibit the desired properties. The characterization phase encompasses a comprehensive analysis of the synthesized  $TiO_2$  thick films [4]. Techniques such as X-Ray Diffraction (XRD) are employed to discern the crystalline structure and phase composition of the films. Scanning Electron Microscopy (SEM) offers insights into the surface morphology and thickness uniformity. Further analysis using techniques like Fourier-Transform Infrared Spectroscopy (FTIR) and Raman spectroscopy sheds light on the chemical

\*Address for Correspondence: Hongli Wang, Department of Biomedical Engineering, Shanghai University of Engineering Science, Shanghai 201620, China, E-mail: hwang@yahoo.com

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bonding and vibrational characteristics of the films. Additionally, electrochemical methods are utilized to evaluate the electron transfer kinetics of the  $TiO_2$  thick films, which directly impacts their sensing performance [5].

#### Conclusion

The exploration of TiO, thick films for enhanced glucose sensing presents a promising avenue for advancing glucose monitoring technology. The synthesis and characterization process elucidates the potential of these films to serve as efficient platforms for glucose detection. The controlled fabrication techniques ensure the films' structural integrity and optimal thickness, while their unique properties, including high surface area and excellent electron transfer properties, suggest a potential enhancement in sensitivity and selectivity for glucose sensing applications. This study underscores the importance of material innovation in the field of biosensing and diabetes management. By harnessing the capabilities of TiO, thick films, researchers and engineers can contribute to the development of highly sensitive and accurate glucose sensing devices. Such devices could lead to improved diabetes care by enabling real-time monitoring, early detection of fluctuations and timely interventions. As research continues to advance, the synthesis and characterization of TiO, thick films stand at the forefront of innovation in glucose sensing technology, holding the promise of a brighter and healthier future for individuals living with diabetes.

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#### **Conflict of Interest**

There are no conflicts of interest by author.

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