

# Pollen Allergies, Air Pollution and Asthma: A Complex Relationship Explored

Mashooma Sayed Qureshi\*

Department of Virology, University of Dhaka, Dhaka, Bangladesh

## Abstract

The nexus of climate change, air pollution, and the prevalence of asthma is a complex and concerning issue that has significant implications for public health globally. The impact of climate changes and air pollution on the prevalence of asthma in the general population and on the timing of asthma exacerbations, although the global rise in asthma prevalence and severity could also be an effect of air pollution and climate change. Since airborne allergens and air pollutants are frequently increased contemporaneously in the atmosphere, an enhanced IgE-mediated response to aeroallergens and enhanced airway inflammation could account for the increasing frequency of respiratory allergy and asthma in atopic subjects in the last 5 decades. Pollen allergy is frequently used to study the relationship between air pollution and respiratory allergic diseases, such as rhinitis and bronchial asthma.

**Keywords:** Asthma prevalence • Airborne pollutants • Allergen sensitization

## Introduction

The position statement highlights climate-related health impacts, including deaths and acute morbidity due to heat waves; increased frequency of acute cardio-respiratory events due to higher concentrations of ground-level ozone; changes in the frequency of respiratory diseases due to transboundary particle pollution; and altered spatial and temporal distribution of allergens (pollens, moulds, and mites) and some infectious disease vectors. According to the report, these impacts will not only affect those with existing respiratory disease but likely increase the incidence and prevalence of respiratory conditions. "The annual economic cost of premature deaths from air pollution across the countries on the WHO European region stood at US \$1.431 trillion, and the overall annual economic cost of health impacts and mortality from air pollution, including estimates for morbidity costs, stood at US \$1.575 trillion [1].

As stated in the recent Working Group I Report of the Intergovernmental Panel on Climate Change, "most of the observed increase in globally averaged temperatures since the mid20<sup>th</sup> century is very likely due to the observed increase in anthropogenic greenhouse gas concentrations."12 Changes are also occurring in the amount, intensity, frequency, and type of precipitation as well as increases in extreme events, like heat waves, droughts, floods, thunderstorms and hurricanes, and these are real and daunting problems. A recent position statement on climate change and health impacts from the European Respiratory Society (ERS) was developed after a workshop co-organized by the HENVINET Project and the American Thoracic Society [2].

## Literature Review

The effects of climate change on respiratory allergy are still unclear, and studies addressing this topic are lacking. Global warming is expected to affect

\*Address for Correspondence: Mashooma Sayed Qureshi, Department of Virology, University of Dhaka, Dhaka, Bangladesh, E-mail: sayed.mq21@gmail.com

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the start, duration, and intensity of the pollen season on the one hand, and the rate of asthma exacerbations due to respiratory infections and/or cold air inhalation on the other.33 Data provided by 30 years of observations within the International Phenological Gardens Network showed that spring events advanced by 6 days, the highest rate of phenological changes being observed in Western Europe and Baltic regions. Conversely, Smoke emissions can travel hundreds of kilometers downwind of fire areas, exposing people to a complex mixture of fine particles, ozone precursors, and other health-harming compounds one recent worldwide estimate is that 339,000 deaths annually may be attributed to landscape fire smoke [3]. Respiratory and cardiovascular hospital admissions and emergency department visits increase in response to wildfire smoke exposure, strongly associated with PM levels Drought conditions create multiple health challenges: in dry conditions, more pollen, dust, particulates, and when present, wildfire smoke which can irritate respiratory epithelium, exacerbate chronic respiratory illnesses, and asthma, and increase risks for acute respiratory infection In urban areas, the effects are higher because climate change influences outdoor air pollution because the generation and dispersion of air pollution is in strict correlation with local patterns of temperature, wind, and precipitation [4].

Additionally, neural networks can be trained to recognize complex relationships and patterns that may be difficult for humans to understand or quantify. Although interest in neural networks has ebbed and flowed over the years, their versatility and potential for practical applications has ensured that they remain a popular tool in many research fields today. To get a genuine aortoventricular point, the point between the annular plane and flat plane in a sideways view ought to be boosted, and this view isn't really in the coronal plane. One of the great advantages of neural networks is their ability to learn and generalize from large amounts of data. This means that as more data is fed into the network, it can continue to improve its accuracy and predictions. Moreover, assessed the aortoventricular point in the end-systolic stage, while didn't determine the point inside the heart cycle at which they estimated angulation. Their illustrative casings don't have all the earmarks of being in an end-systolic stage. Given the 3-layered incitation of the ventricle during systole, which incorporates twist, it is normal that aortoventricular point estimations might be reliant upon the time inside the cardiovascular cycle [5].

## Discussion

The advancements in the field, including the use of next-generation sequencing and transgenic vector methodologies, have revolutionized our understanding of these interactions. How could clinicians (and diary editors)

digest these dissonant messages? Would it be advisable for one be worried about the wellbeing of oneself extending prosthesis in view of the significant information of the other hand be consoled by the complex bigger dataset. Instead of rushing to make a judgment call that this finding is unvaryingly valid or false [6], the actual examinations ought to be inspected for significant subtleties that might have delivered dissonant outcomes from comparative picture logical approaches. The relationship between the virus, the mosquito vector, and the surrounding environment is a complex interplay that significantly influences the prevalence and spread of these diseases.

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## Conclusion

No such reactions, known as COVID arm, were observed in individuals who received the Pfizer COVID-19 vaccine, they reported. When a worker or self-employed individual working in other people's facilities experiences a severe physical injury requiring specialized medical treatment, it is considered an occupational accident that signifies a particularly grave situation. The Authority for Working Conditions (ACT) has published practical guidelines that illustrate and clarify various scenarios which may serve as a reference for ACT's interventions. These guidelines are based on the United Kingdom's "Reporting of Injuries, Diseases, and Dangerous Occurrences Regulations," as Portuguese legislation does not provide a specific classification for serious accidents.

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## Acknowledgement

None.

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## Conflict of Interest

None.

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