

# The Role of Baseline Inflammatory Response Biomarkers in Predicting the Prognosis in Non Metastatic Gastric Cancer Patients Treated with Preoperative Chemoradiation

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## Abstract

**Purpose:** To delve into the prospective of inflammatory-related indicators as neutrophil to lymphocyte ratio (NLR), platelet to lymphocyte ratio (PLR), derived neutrophil to lymphocyte ratio (dNLR), and lymphocyte to monocyte ratio (LMR) in forecasting the clinical outcome for gastric cancer managed with triple modality induction.

**Methods:** Participants were given two cycles of docetaxel, fluorouracil and cisplatin (TPF), succeeded by radiation (45 Gy) alongside concurrent fluorouracil plus taxotere, then finally surgical resection. The designated baseline prognosticators were linked with clinical-pathological factors. Their contribution to outcome were assessed using Log rank and Cox regression.

**Results:** The study's analysis revolved around 80 eligible participants. The triple modality induction ensued 22.5% complete response (PCR) alongside 47.5% and 42.5% 3-years estimated overall (OS) and disease-free survival (DFS), respectively. The receiver operator curves (ROC) cutoffs for baseline biomarker were registered at 2.4 (NLR), 1.7(dNLR), 5.1 (LMR) and 130 (PLR). Augmented prognosticators, stage III, R1 resection and >10 % residual tumor were substantially linked to worsened OS and DFS. Interestingly, the augmented dNLR and NLR were self-directed forecasters for deteriorating OS hazard ratio (HR) 2.04 (95% CI= 2.41-8.24), 6.63 (95% CI, 1.61-10.32) and DSF with (HR) 1.84 (95% CI= 3.27-7.36), 4.63 (95% CI= 3.61-12.12), respectively. None of the participants succumbed secondary to treatment toxicities although grade 4 side effects were attained by 20% of cases.

**Conclusion:** The triple modality induction in resectable gastric cancer is feasible with promising outcomes. The baseline inflammatory prognosticators attained a notable statistical link to many clinical/pathological variables. Moreover, NLR and dNLR behaved as autonomous indicators of clinical consequences for patients with gastric cancer managed with triple preoperative modality.

**Keywords:** Inflammatory response; Biomarkers in gastric cancer

## Introduction

An amplified emphasis delved into improving abysmal outcomes for gastric cancer patients using perioperative chemotherapy with or without radiation [1-4]. At least three trials supported the survival benefits from postoperative chemo-radiotherapy [5-8]. The INT0116 study instituted postoperative chemo-radiotherapy as the supreme adjuvant approach. Further to this, a minimum of three trials have compared surgery with perioperative chemotherapy [9-11]. In the Seminal MAGIC trial, surgery was compared to surgery and perioperative chemotherapy [9]. Forty two percent of patients randomized to chemotherapy were able to accomplish the scheduled postoperative adjuvant course. Correspondingly, the substantial contenders for this approach was the intolerability of the postoperative chemotherapy, in addition to the comparatively elevated local recurrence [9-11]. The modest prognosis attained with the aforementioned approaches instigated the exploration of intensified triple modality preoperative strategy that entailed induction chemotherapy for two cycles to be succeeded by chemo-radiation course then surgery [12-14]. Fortunately, the preoperative strategy allowed for a surveillance window to explore the tumor biology prior to embarking on a major resection [12-14].

Furthermore, the assorted prospects for gastric cancer patients have mandated that effective biomarkers be adopted to optimize forecasting of outcomes. In recent work, chronic inflammation was extensively incriminated in the induction and promotion of carcinogenesis

[15,16]. Malignant cells can modulate and optimize the performance of various leukocytes through T lymphocytes conditioning, this principle applies for neutrophils, monocytes and platelets alongside specified prostaglandins and chemokines [17,21]. Consequently, the priming of inflammatory cells can promote tumor evolution and the distant dissemination via the acceleration of inflammatory intermediaries and cytokines [22]. Lately, many forecasters driven from blood such as the neutrophil to lymphocyte ratio (NLR), derived neutrophil to lymphocyte ratio (dNLR), platelet to lymphocyte ratio (PLR) and lymphocyte to monocyte ratio (LMR) have been extensively explored as prognosticators in various cancers [23-27]. In reality, only 1 or 2 biomarkers have been explored in gastric cancer patients [11,17-21]. In addition, the heterogeneity in the threshold values for the previously tested indicators doubted their sensitivities and specificities in gastric

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cancer patients. As a result, further assessment of these prognosticators became imperative. Concordantly, we focused on analyzing baseline NLR, d NLR, LMR and PLR as prognosticators that may predict the outcome for gastric cancer managed with triple modality strategy.

## Materials and Methods

A retrospective review of gastric cancer patients treated at Surgical Oncology department National Cancer Institute Cairo University and Clinical Oncology department Alexandria University, starting from January 2013 till December 2016 following Institutional Board approval (IRB). The participating patients provided their consent through signed forms. The patient's records were studied to segregate patients who received triple modality induction to collect the required clinical/pathological characteristics. The calculation of tested pretreatment prognosticators NLR, dNLR = neutrophil count to (white cell count-neutrophil count), PLR and LMR were carried out.

## Criteria for inclusion

Non metastatic, localized, histologically verified T1, N1-2, and T2-3, N0-3 gastric or gastroesophageal adenocarcinoma. All participants should have tolerated two induction chemotherapy cycles that had fluorouracil 750 mg/m<sup>2</sup>/day on days 1 to 5 cisplatin 20mg/m<sup>2</sup>/day on days 1 to 5 and docetaxel 75 mg/m<sup>2</sup>. Four weeks later a dose of 45 Gy over five weeks was offered to patients with daily doses of 300 mg/m<sup>2</sup> fluorouracil via continuous infusion in addition to weekly 20 mg/m<sup>2</sup> docetaxel. R0 or R1 resections were exclusively added to the study. The R0 resection entailed radical elimination of clinical disease with the closest acceptable safety boundary of 2mm width. While R1 resections involved microscopic residual carcinomas left in the tumor bed. The eligible participants were offered either subtotal or total gastrectomy based on the origins of their disease. The ideal lymph node dissection aimed at retrieving at least 15 regional lymph nodes. On the contrary, participants who harbored or developed distant dissemination in the triple modality phase and those who suffered macroscopic remaining carcinomas following surgery were excluded from the studied population.

## Statistical Consideration

The interaction between the verified prognosticators and various clinical/pathological variables on was carried by the Mann-Whitney U test (between 2 groups) or Kruskal- Wallis test ( $\geq 3$  groups). The receiver operator curves (ROC) were deployed to discover the possible cutoffs of tested prognosticators. An area under the curve (AUC) < 0.5 demonstrates a non-informative test. The Kaplan-Meier alongside Cox regression and log rank approaches were applied for the survival analysis. The SPSS 16.0 package program was employed to carry out all statistical work.

## Results

The inclusion requisites were fulfilled in 80 patients. The sample consisted of 24 female patients, registering at 30% of the pool, while 56 or 70% were males. The median age stood at 51 years. The baseline median values for the prognosticators were registered at 3.12 (NLR), 2.31 (dNLR), 3.97 (LMR) and 139 (PLR). The characteristics of all studied participants are illustrated in [Table 1].

The implemented ROC had a baseline dNLR of 1.7 and NLR of 2.4, cutoff for forecasting DFS (AUC at 0.703&0.683 at 75.7%, 72% sensitivity and a 80% and 78% specificity), respectively (Figure 1). Moreover, it showed the ability of baseline PLR and LMR to forecast DFS (AUC stood at 0.695&0.585 at 71.2%, 68.2% sensitivity and 69.1%,

60.2% specificity), respectively. Moreover, the optimum LMR (5.1) and PLR (130) cutoffs were also established. Patients were split into two categories as per the threshold levels identified.

The verified prognosticators displayed a considerable link to initial disease burden as amplified baseline (PLR, LMR, dNLR and NLR) were principally encountered in poorly differentiated primaries alongside stage III disease which comprised larger tumors and extensive nodal diseases as illustrated in (Table 2). Precisely 85% of the participants, had complete resection. Another 15% or 12 patients had R1 resection. Both primary tumors and the draining lymph nodes attained total resolution of malignant cells as verified pathologically (path CR) in 22.5% of the patients i.e. 18 individuals. While 16.2% i.e. 13 patients developed relatively advantageous pathological partial response (path PR) as less than 10% malignant cells were verified. Another 23 patients, who accounted for 28.7% of the sample, attained path PR with greater remaining cancer burden mounting up to 10-50% residual viable disease identified in postoperative pathology. The rate was different for 12 patients or 15% of the sample that presented with more than 50% residual disease. Overall, the pathologic response rate stood at 82.5%. The 14 patients that remained experienced steady or advanced disease subsequent to neoadjuvant course. Subsequent to gastrectomy, primary carcinomas in 23 or 28.7% of cases was T3, while 16 patients or 20% were T2, 21 patients or 26.3% presented T1, and finally 20 patients or 25% presented T0. N0 cancer was observed in 27 patients or 33.8% of the pool, while N1 was observed in 41 patients or 51.2%, and N2 was observed in 15% or 12 patients (Table 3). The median for the nodes stood at 19, with a range of 6 to 32. "The median for nodes with carcinoma stood at 4 while the median for cancer-free stood at 15. It is worth stating that accentuated pathologic response was considerably related to lesser primary tumor and nodal burdens (P=0.003), (P=0.002) alongside reduced expressions of NLR (P= 0.001), d NLR(P= 0.0024), LMR (P=0.001) and PLR(P=0.003), respectively (Table 4) (Figures 2 and 3)."

During the surveillance around 57.5% of the patients, or 46 people, failed treatment either locally or systemically. From this, 52.5% or 42 succumbed secondary to their cancer. The estimated OS and DFS mounted to 47.5% and 42.5% with a median time interval that pointed to 25 and 20 months, in that order. The worst survivals were experienced by patients with extensive remaining cancer wider than 10% (Figure 4) alongside those who expressed enhanced NLR ( $\geq 2.4$ ) (Figures 5 and 6), dNLR ( $\geq 1.7$ ) (Figures 7 and 8), PLR ( $\geq 130$ ) and LMR ( $\geq 5.1$ ) (Table 5). Furthermore, the amplified baseline NLR and dNLR alongside greater remaining tumor burden > 10% were substantially linked with dismal OS, with hazard ratio 2.04 (95% confidence interval [CI], 2.41-8.24), 6.63 (95% CI, 1.61-10.32) and 6.36 (95% CI, 3.27-11.34). Concordantly, worsened DFS was attributed to augmented baseline NLR, dNLR and >10% residual tumor with hazard ratio 1.84 (95% confidence interval [CI], 3.27-7.36), 4.63 (95% CI, 3.61-12.12), and 7.35 (95% CI, 2.57-13.54).

More information on toxicities that result from acute chemoradiotherapy were summarized in (Table 6). None of the participants succumbed secondary to treatment toxicities although grade 4 side effects were attained by 20% of them. Detailed delayed radiation toxicities were reported in (Table 7)."

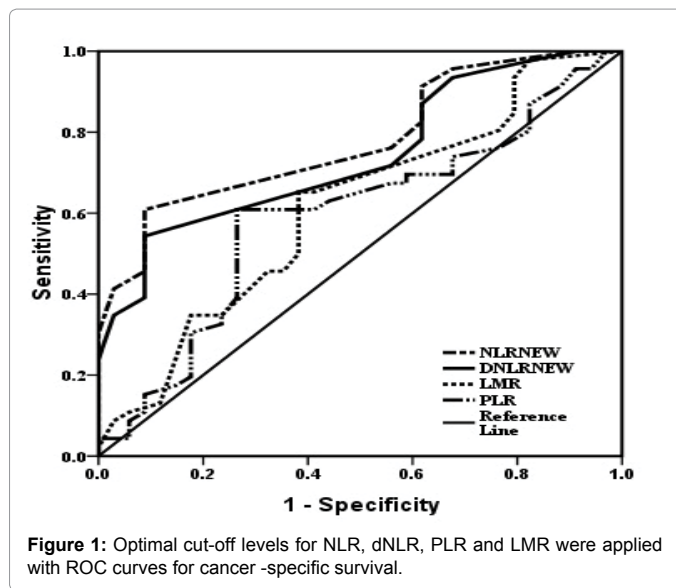
## Postoperative complications

Such issues presented in 42.5% of the patients, i.e. 34 individuals. The issues manifested within 30-day period after the surgery were listed in [Table 8]. Anastomosis fistula, pneumonia, and hemorrhage after the

| Characteristic                          | No. of patients | %      |
|---|-----------------|--------|
| <b>Age, years</b>                       |                 |        |
| Median                                  | 51              | -      |
| Range                                   | 39-69           | -      |
| <b>Sex</b>                              |                 |        |
| Male                                    | 56              | 70%    |
| Female                                  | 24              | 30%    |
| <b>Zubrod performance scale</b>         |                 |        |
| 0                                       | 36              | 45%    |
| 1                                       | 38              | 47.50% |
| 2                                       | 6               | 7.50%  |
| <b>Primary site</b>                     |                 |        |
| Pylorus                                 | 26              | 32.50% |
| Cardia                                  | 18              | 22.50% |
| Fundus                                  | 16              | 20%    |
| Body                                    | 12              | 15%    |
| Gastroesophageal junction               | 8               | 10%    |
| <b>Histopathological type</b>           |                 |        |
| Papillary                               | 4               | 5%     |
| Tubular                                 | 17              | 21.20% |
| Poorly differentiated                   | 40              | 50%    |
| Mucinous                                | 12              | 15%    |
| Signet ring                             | 7               | 8.80%  |
| <b>Tumor grade</b>                      |                 |        |
| G1                                      | 2               | 2.50%  |
| G2                                      | 28              | 35%    |
| G3                                      | 50              | 62.50% |
| <b>T stage</b>                          |                 |        |
| T1                                      | 16              | 20%    |
| T2                                      | 20              | 25%    |
| T3                                      | 44              | 55%    |
| <b>N stage</b>                          |                 |        |
| N0                                      | 18              | 22.50% |
| N1                                      | 48              | 60%    |
| N2                                      | 14              | 17.50% |
| <b>Stage group</b>                      |                 |        |
| IIA                                     | 32              | 40%    |
| IIB                                     | 40              | 50%    |
| IIIA                                    | 8               | 10%    |
| <b>Inflammatory response biomarkers</b> |                 |        |
| <b>NLR</b>                              |                 |        |
| Median                                  | 3.12            | --     |
| <2.4                                    | 27              | 33.80% |
| ≥ 2.4                                   | 53              | 66.20% |
| <b>dNLR</b>                             |                 |        |
| Median                                  | 2.31            | --     |
| <1.7                                    | 32              | 40%    |
| ≥ 1.7                                   | 48              | 60%    |
| <b>LMR</b>                              |                 |        |
| Median                                  | 3.97            | --     |
| <5.1                                    | 49              | 61.20% |
| ≥ 5.1                                   | 31              | 38.80% |
| <b>PLR</b>                              |                 |        |
| Median                                  | 139             | --     |
| <130                                    | 33              | 41.30% |
| ≥ 130                                   | 47              | 58.70% |

**Table 1:** Patient Characteristics at baseline (N=80).

operation were the most common problems. Three patients, or 9.5% of the sample, were given interventions, while the median for the hospital stay stood at 12 days, within a five to 23-day range.



## Discussion

Several phase II trials were conducted to test the efficacy of preoperative chemo-radiation in improving abysmal outcomes previously attained in gastric cancer [12,13,28]. Eighty five percent of participants experienced R0 resection after a triple preoperative docetaxel-based modality. Furthermore, a CR path was noted in 22.5% or 18 of the participants. Ajani et al. concluded that applying the triple preoperative modality induced R0 resection and PCR in 70% and 30 % of the cases, correspondingly [12]. Concordantly, the RTOG 9904 trial concluded that PCR and R0 resection were accomplished by 26 and 77 % of similarly managed cases [28].

Recently, innovative researches have corroborated that cancer is influenced by inflammatory cells interaction in tumor microenvironment. An explicit interpretation of the contribution of individual cell in the inflammatory cascade induced by tumorigenesis will pave the pathway to attain precise targeted cancer therapy alongside the deceleration or even abolishment of carcinogenesis [29-32]. Consequently, our work perspectives had revolved around shading lighter on the interaction of the specified prognosticators with conventional clinical/pathological elements, as well as their modulation of the studied patient outcomes. The ROC established baseline cut off values i.e. NLR (2.4), dNLR (1.75), LMR (5.1) and PLR (130) as forecasters of DFS in the studied participants. Deng et al conquered with our inference that augmented expressions of NLR, dNLR, LMR and PLR were linked to greater tumor burdens[33].”

It can be acknowledged that it is primary study to efficaciously establish the optimal cutoff values for baseline verified prognosticators in gastric cancers managed with triple preoperative modality. The worst survivals were experienced by patients with extensive remaining cancer >10% alongside those who expressed enhanced NLR (≥2.4), dNLR (≥1.7), PLR (≥130) and LMR (≥ 5.1). Concordantly, Deng et al ensued a substantial link of dNLR, NLR to survival consequences[33].

The outcomes emphasized in our work are sustained by the innovative body of evidence elaborating the chain of pathways stimulated by inflammatory cells in carcinogenesis [34-39]. For instance enhanced neutrophils produce angiogenesis promoting factors, such as vascular endothelial growth factor (VEGF) which enhances neoplasm

| Characteristic                | No. of patients | %      | Baseline NLR |        | Baseline dNLR |        | Baseline LMR |        | Baseline PLR |  |
|-------------------------------|-----------------|--------|--------------|--------|---------------|--------|--------------|--------|--------------|--|
|                               |                 |        | P value      | Median | P value       | Median | P value      | Median | P value      |  |
| <b>Age, years</b>             |                 |        |              |        |               |        |              |        |              |  |
| <50                           | 38              | 47.50% | 0.646        | 1.9    | 0.478         | 3.6    | 0.347        | 125    | 0.673        |  |
| ≥ 50                          | 42              | 52.50% | -            | 1.8    | -             | 3.9    | -            | 128    |              |  |
| <b>Sex</b>                    |                 |        |              |        |               |        |              |        |              |  |
| Male                          | 56              | 70%    | 0.684        | 1.9    | 0.473         | 3.1    | 0.521        | 122    | 0.0164*      |  |
| Female                        | 24              | 30%    | -            | 1.7    | -             | 3.4    | -            | 125    |              |  |
| <b>Primary site</b>           |                 |        |              |        |               |        |              |        |              |  |
| Pylorus                       | 26              | 32.50% | -            | 1.7    | -             | 2.7    | -            | 121    | 0.348        |  |
| Cardia                        | 18              | 22.50% | 0.783        | 1.9    | 0.623         | 3.6    | 0.546        | 123    |              |  |
| Fundus                        | 16              | 20%    | -            | 2.1    | -             | 3.8    | -            | 118    |              |  |
| Body                          | 12              | 15%    | -            | 1.6    | -             | 4.6    | -            | 125    |              |  |
| Gastroesophageal junction     | 8               | 10%    | -            | 2.3    | -             | 4.3    | -            | 122    |              |  |
| <b>Histopathological type</b> |                 |        |              |        |               |        |              |        |              |  |
| Papillary                     | 4               | 5%     | -            | 1.6    | -             | 3.2    | -            | 126    | 0.0236*      |  |
| Tubular                       | 17              | 21.20% | 0.0412*      | 1.9    | 0.0342*       | 3.6    | 0.0321*      | 128    |              |  |
| Poorly differentiated         | 40              | 50%    | -            | 3.1    | -             | 5.1    | -            | 139    |              |  |
| Mucinous                      | 12              | 15%    | -            | 3.7    | -             | 4.9    | -            | 141    |              |  |
| Signet ring                   | 7               | 8.80%  | -            | 3.8    | -             | 5.2    | -            | 145    |              |  |
| <b>Tumor grade</b>            |                 |        |              |        |               |        |              |        |              |  |
| G1                            | 2               | 2.50%  | 0.0112*      | 1.6    | 0.0214*       | 2.5    | 0.0345*      | 110    | 0.0215*      |  |
| G2                            | 28              | 35%    | -            | 1.9    | -             | 3.1    | -            | 121    |              |  |
| G3                            | 50              | 62.50% | -            | 4.2    | -             | 5.3    | -            | 156    |              |  |
| <b>T stage</b>                |                 |        |              |        |               |        |              |        |              |  |
| T1                            | 16              | 20%    | -            | 1.6    | -             | 3.1    | -            | 123    | 0.0126*      |  |
| T2                            | 20              | 25%    | 0.0216*      | 2.1    | 0.0315*       | 3.4    | 0.0316*      | 137    |              |  |
| T3                            | 44              | 55%    | -            | 4.1    | -             | 5.3    | -            | 141    |              |  |
| <b>N stage</b>                |                 |        |              |        |               |        |              |        |              |  |
| N0                            | 18              | 22.50% | -            | 1.5    | -             | 2.9    | -            | 122    | 0.0112*      |  |
| N1                            | 48              | 60%    | 0.0234*      | 2.3    | 0.0156*       | 3.9    | 0.0134*      | 138    |              |  |
| N2                            | 14              | 17.50% | -            | 4.3    | -             | 5.6    | -            | 149    |              |  |
| <b>Stage group</b>            |                 |        |              |        |               |        |              |        |              |  |
| IIA                           | 32              | 40%    | -            | 1.9    | -             | 3.1    | -            | 134    | 0.011*       |  |
| IIB                           | 40              | 50%    | 0.0245*      | 2.8    | 0.0321*       | 4.7    | 0.034*       | 142    |              |  |
| IIIA                          | 8               | 10%    | -            | 5.3    | -             | 5.9    | -            | 150    |              |  |

**Table 2:** Association between inflammatory biomarkers and different clinicopathological parameters.

| Variables      | Baseline  |       | After induction chemoradiation |        | Wilcoxon signed rank test Asymp. sig (2 tailed) |
|----------------|-----------|-------|--------------------------------|--------|---|
|                | No of pts | %     | No of pts                      | %      |   |
| <b>T stage</b> |           |       |                                |        |   |
| T0             | 0         | -     | 20                             | 25%    | 0.002*  |
| T1             | 0         | -     | 21                             | 26.30% |   |
| T2             | 20        | 25%   | 16                             | 20%    |   |
| T3             | 60        | 75%   | 23                             | 28.70% |   |
| <b>N stage</b> |           |       |                                |        |   |
| N0             | 18        | 22.5% | 27                             | 33.80% | 0.034*  |
| N1             | 49        | 61.2% | 41                             | 51.20% |   |
| N2             | 13        | 16.3% | 12                             | 15%    |   |

**Table 3:** Patient Response to Chemoradiotherapy (N=80).

evolution [34,35]. Correspondingly, accentuated expression of VEGF was appreciated in gastric cancer specimens compared to normal gastric tissues and it was linked to augmented stimulation of VEGF receptor 2 that induced proliferation gastric cancer cells [36,37]. Surprisingly, studies clarified that neutrophils suppress T cell function through release of cytotoxic chemokines (nitric oxide and arginase) resulting in abolishment of lymphocyte mediated tumoricidal pathways. Consequently, augmented NLR behaved as a self-regulating indicator for cancer specific survival for certain cancers [38,39].”

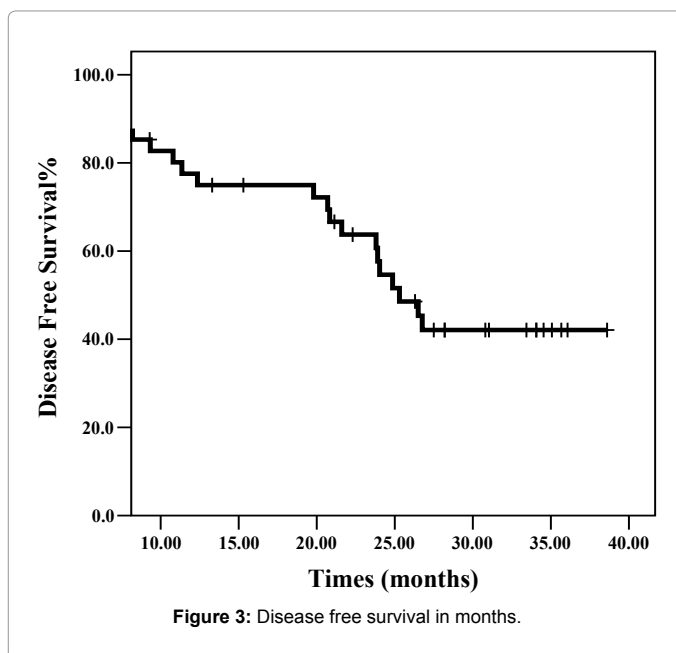
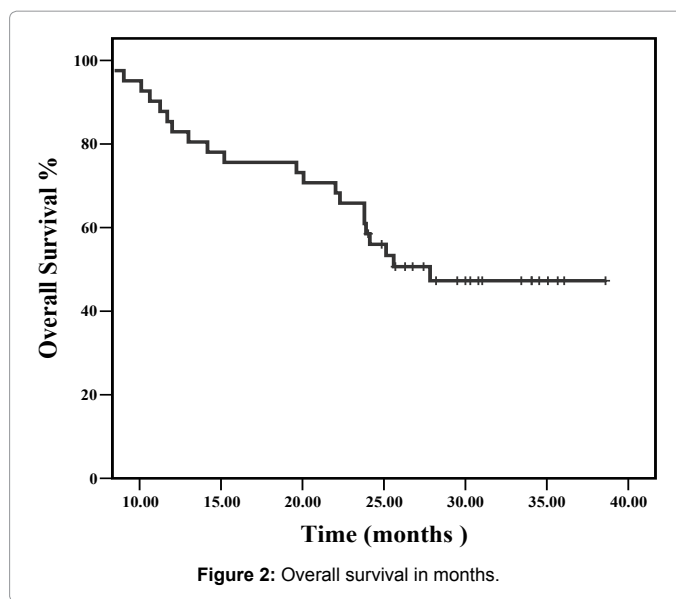
Our study delved into the interaction of innovative prognosticators

(NLR, dNLR, PLR, LMR) with different clinical/pathological indicators and scrutinized on their prospective in forecasting gastric cancer patients’ outcome, specifically those that have been given preoperative triple modality. Additional, the studied participants received consistent neoadjuvant treatment which precluded any confounding influence on prognosis that might be induced by applying dissimilar treatment modalities.

However, the conducted work suffered certain restrictions caused by its retrospective strategy alongside the limited number of participants eligible for inclusion. Additionally, we did not explore

| Characteristic                          | Patients | No | %CR    | P       |
|---|----------|----|--------|---------|
| <b>Age, years</b>                       |          |    |        |         |
| Median                                  | 51       | -  | -      | -       |
| Range                                   | 39-69    | -  | -      | -       |
| <b>Sex</b>                              |          |    |        |         |
| Male                                    | 56       | 12 | 21.40% | 0.74    |
| Female                                  | 24       | 6  | 25%    |         |
| <b>Primary site</b>                     |          |    |        |         |
| Pylorus                                 | 26       | 6  | 23.10% | 0.78    |
| Cardia                                  | 18       | 4  | 22.20% |         |
| Fundus                                  | 16       | 3  | 18.70% |         |
| Body                                    | 12       | 3  | 25%    |         |
| Gastroesophageal Junction               | 8        | 2  | 25%    |         |
| <b>Histopathological type</b>           |          |    |        |         |
| Papillary                               | 4        | 2  | 50%    | 0.04*   |
| Tubular                                 | 17       | 6  | 35.30% |         |
| Poorly differentiated                   | 40       | 10 | 25%    |         |
| Mucinous                                | 12       | 0  | 0%     |         |
| Signet Ring                             | 7        | 0  | 0%     |         |
|   |          |    |        |         |
| <b>Tumor grade</b>                      |          |    |        |         |
| G1                                      | 2        | 2  | 100%   | 0.03*   |
| G2                                      | 28       | 6  | 21.40% |         |
| G3                                      | 50       | 10 | 20%    |         |
| <b>T stage</b>                          |          |    |        |         |
| T1                                      | 5        | 5  | 100%   | 0.003*  |
| T2                                      | 20       | 12 | 60%    |         |
| T3                                      | 55       | 1  | 0.02%  |         |
| <b>N stage</b>                          |          |    |        |         |
| N0                                      | 18       | 12 | 67%    | 0.002*  |
| N1                                      | 49       | 6  | 33%    |         |
| N2                                      | 13       | 0  | -      |         |
| <b>Stage group</b>                      |          |    |        |         |
| IIA                                     | 32       | 14 | 78%    | 0.003*  |
| IIB                                     | 40       | 4  | 22%    |         |
| IIIA                                    | 8        | 0  | -      |         |
| <b>Inflammatory response biomarkers</b> |          |    |        |         |
| <b>NLR</b>                              |          |    |        |         |
| Median                                  | 3.12     | -  | -      | 0.001*  |
| <2.4                                    | 27       | 12 | 67%    |         |
| ≥ 2.4                                   | 53       | 6  | 33%    |         |
| <b>dNLR</b>                             |          |    |        |         |
| Median                                  | 2.31     | -  | -      | 0.0024* |
| <1.7                                    | 32       | 14 | 78%    |         |
| ≥ 1.7                                   | 48       | 4  | 22%    |         |
| <b>LMR</b>                              |          |    |        |         |
| Median                                  | 3.97     | -  | -      | 0.001*  |
| <5.1                                    | 49       | 13 | 72%    |         |
| ≥ 5.1                                   | 31       | 5  | 28%    |         |
| <b>PLR</b>                              |          |    |        |         |
| Median                                  | 139      | -  | -      | 0.003*  |
| <130                                    | 33       | 11 | 61%    |         |
| ≥ 130                                   | 47       | 7  | 39%    |         |

**Table 4:** Association between pathological complete response and different clinicopathological parameters.



the modulation of the tested prognosticators can exert on tumor infiltrating lymphocytes.

## Conclusion

The triple modality induction in resectable gastric cancer is feasible with promising outcomes. The baseline inflammatory prognosticators attained a notable statistical link to many clinical/pathological variables. Moreover, NLR and dNLR were revealed as independent prognosticators gastric cancer managed with triple preoperative modality. Finally, future work is required to validate their prognostic potential.

## Conflict of Interest

The authors confirm that no form of financial support, including funding, was received for the study. They further confirm that the study at hand presented no struggle of interest.

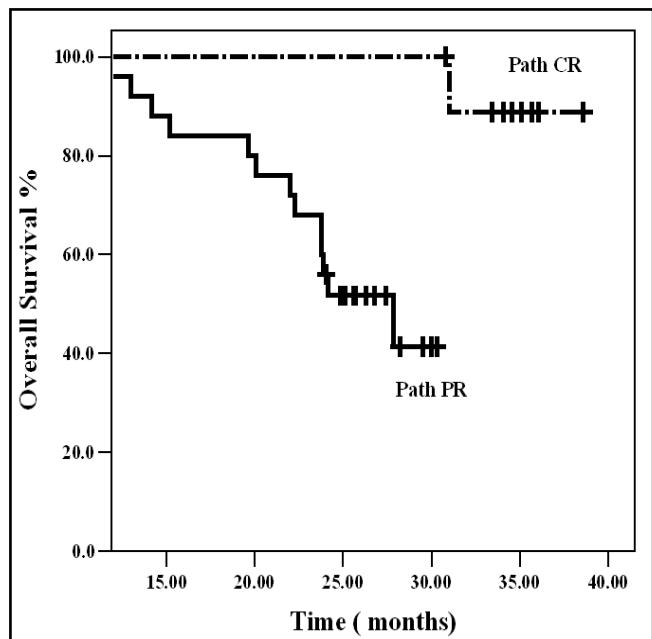


Figure 4: Overall survival by pathological response.

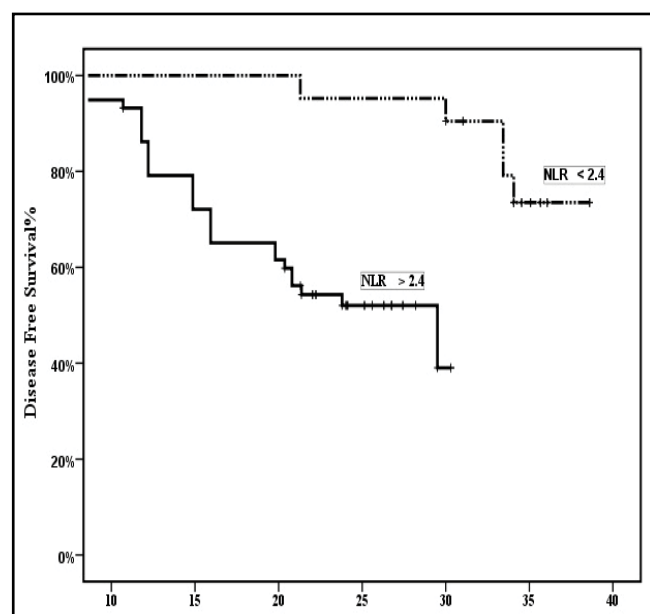


Figure 6: Disease free survival in months.

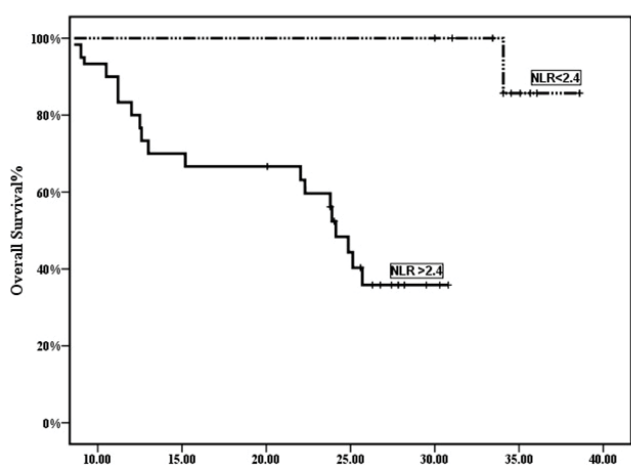


Figure 5: Overall survival in months.

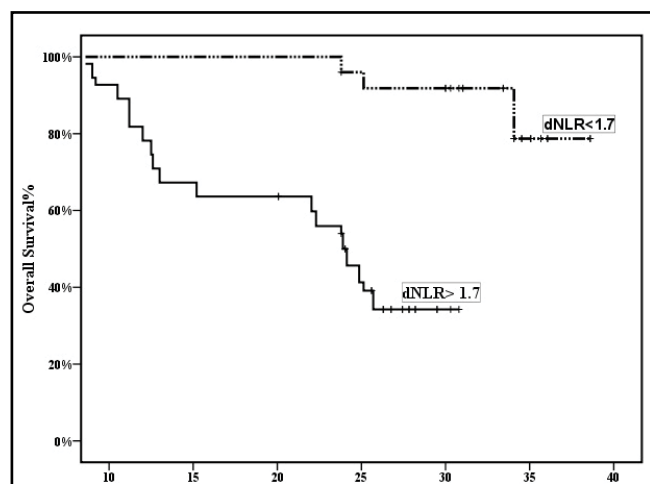


Figure 7: Overall survival in months.

| Characteristic            | No. of Patients and % | Overall survival of patients alive 38 |         | Disease free survival of patients 34 free of disease |         |
|---------------------------|-----------------------|---------------------------------------|---------|--|---------|
|                           |                       | no (%)                                | P value | no (%)   | P Value |
| <b>Age, years</b>         |                       |                                       |         |  |         |
| < 50                      | 38 (47.5%)            | 16 (42.1%)                            | 0.001*  | 14 (41.2%)   | 0.002*  |
| ≥50                       | 42 (52.5%)            | 22 (57.9%)                            |         | 20 (58.8%)   |         |
| <b>Sex</b>                |                       |                                       |         |  |         |
| Male                      | 56 (70%)              | 18 (47.4%)                            | 0.534   | 19 (55.9%)   | 0.612   |
| Female                    | 24 (30%)              | 20 (52.6%)                            |         | 15 (44.1%)   |         |
| <b>Primary site</b>       |                       |                                       |         |  |         |
| Pylorus                   | 26 (32.5%)            | 3 (8%)                                | 0.645   | 2 (6%)   | 0.731   |
| Cardia                    | 18 (22.5%)            | 15 (39.5%)                            |         | 15 (44%)   |         |
| Fundus                    | 16 (20%)              | 9 (23.6%)                             |         | 8 (23.5%)  |         |
| Body                      | 12 (15%)              | 4 (10.5%)                             |         | 2 (6%)   |         |
| Gastroesophageal Junction | 8 (10%)               | 7 (18.4%)                             |         | 7 (20.5%)  |         |

| Histopathological type at diagnosis             |            |            |        |            |        |
|---|------------|------------|--------|------------|--------|
| Papillary                                       | 4 (5%)     | 4 (10.5%)  | 0.145  | 4 (12%)    | 0.632  |
| Tubular   | 17 (21.2%) | 16 (42.1%) |        | 16 (47%)   |        |
| Poorly differentiated                           | 40 (50%)   | 15 (39.4%) |        | 13 (38%)   |        |
| Mucinous  | 12 (15%)   | 3 (8%)     |        | 1 (3%)     |        |
| Signet Ring                                     | 7 (8.8%)   | 0          |        | 0          |        |
| Tumor Grade at diagnosis                        |            |            |        |            |        |
| G1  | 2 (2.5%)   | 2 (5%)     | 0.001* | 2 (6%)     | 0.011* |
| G2  | 28 (35%)   | 28 (74%)   |        | 28 (82%)   |        |
| G3  | 50 (62.5%) | 8 (21%)    |        |            |        |
| T stage at diagnosis                            |            |            |        |            |        |
| T1  | 16 (20%)   | 16 (42%)   | 0.013* | 16 (47%)   | 0.002* |
| T2  | 20 (25%)   | 19 (50%)   |        | 17 (50%)   |        |
| T3  | 44 (55%)   | 3 (8%)     |        | 1 (3%)     |        |
| N stage at diagnosis                            |            |            |        |            |        |
| N0  | 18 (22.5%) | 18 (47.4%) | 0.002* | 18 (53%)   | 0.031* |
| N1  | 48 (60%)   | 16 (42.1%) |        | 14 (41%)   |        |
| N2  | 14 (17.5%) | 4 (10.5%)  |        | 2 (6%)     |        |
| Stage group at diagnosis                        |            |            |        |            |        |
| IIA   | 32         | 29 (76.3%) | 0.001* | 26 (76%)   | 0.004* |
| IIB   | 40         | 9 (23.7%)  |        | 8 (24%)    |        |
| IIIA  | 8          | 0          |        | 0          |        |
| Pathological response                           |            |            |        |            |        |
| Complete response at primary site and LN        | 18 (22.5%) | 18 (47.4%) | 0.001* | 18 (53%)   | 0.003* |
| Partial response with <10% residual tumor       | 13 (16.2%) | 12 (31.6%) |        | 12 (35%)   |        |
| Partial response with 10% to 50% residual tumor | 23 (28.8%) | 8 (21%)    |        | 4 (12%)    |        |
| Partial response with >50% residual tumor       | 12 (15%)   | 0          |        | 0          |        |
| Stable or progressive disease                   | 14 (17.5%) | 0          |        | 0          |        |
| Type of resection                               |            |            |        |            |        |
| R0  | 68 (85%)   | 30 (79%)   | 0.004* | 28 (74%)   | 0.002* |
| R1  | 12 (15%)   | 8 (21%)    |        | 6 (16%)    |        |
| Inflammatory Response biomarkers at diagnosis   |            |            |        |            |        |
| NLR   |            |            |        |            |        |
| Median  | 3.12       |            | 0.013* |            | 0.032* |
| < 2.4   | 27 (33.8%) | 24 (63.2%) |        | 22 (65%)   |        |
| ≥ 2.4   | 53 (66.2%) | 14 (36.8%) |        | 12 (35%)   |        |
| dNLR  |            |            |        |            |        |
| Median  | 2.31       | -          | 0.016* | -          | 0.011* |
| < 1.7   | 32 (40%)   | 25 (65.8%) |        | 23 (68%)   |        |
| ≥ 1.7   | 48 (60%)   | 13 (34.2%) |        | 11 (32%)   |        |
| LMR   |            |            |        |            |        |
| Median  | 3.97       |            | 0.014* | -          | 0.021* |
| < 5.1   | 49 (61.2%) | 28 (73.7%) |        | 26 (76.5%) |        |
| ≥ 5.1   | 31 (38.8%) | 10 (26.3%) |        | 8 (23.5%)  |        |
| PLR   |            |            |        |            |        |
| Median  | 139        | -          | 0.027* | -          | 0.001* |
| < 130   | 33 (41.3%) | 26 (68.4%) |        | 25 (73.5%) |        |
| ≥ 130   | 47 (58.7%) | 12 (31.6%) |        | 9 (26.5%)  |        |

**Table 5:** Association between different clinicopathological parameters and clinical prognosis.

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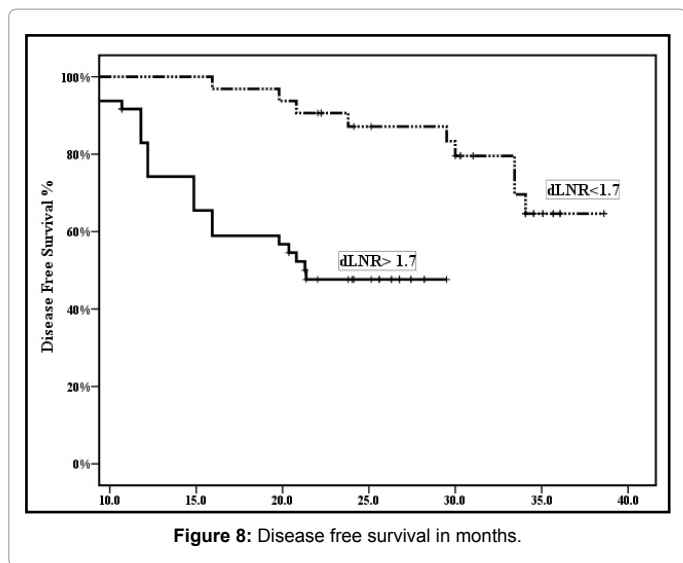


Figure 8: Disease free survival in months.

| Toxicity                      | Grade |    |    |   |
|-------------------------------|-------|----|----|---|
|                               | 1     | 2  | 3  | 4 |
| <b>Blood/bone marrow</b>      |       |    |    |   |
| Hemoglobindecreased           | 36    | 24 | 4  | 2 |
| Neutropenia                   | 16    | 6  | 16 | 2 |
| Platelet count decreased      | 14    | 6  | 8  | 4 |
| <b>Gastrointestinal</b>       |       |    |    |   |
| Anorexia                      | -     | 26 | 8  | 3 |
| Dehydration                   | -     | 10 | 18 | 0 |
| Esophagitis                   | -     | 8  | 6  | 0 |
| Gastritis                     | -     | 14 | 2  | 0 |
| Nausea                        | -     | 46 | 14 | 0 |
| Stomatitis                    | -     | 8  | 12 | 0 |
| Vomiting                      | -     | 32 | 8  | 4 |
| Febrile Neutropenia           | -     | 6  | 4  | 1 |
| <b>Neurology</b>              |       |    |    |   |
| Peripheral sensory neuropathy | 12    | 8  | 4  | 0 |
| <b>Constitutional symptom</b> |       |    |    |   |
| Fatigue                       | 20    | 30 | 10 | 0 |
| Weight decreased              | 12    | 12 | 14 | 0 |

Table 6: Selected chemotherapy and acute radiotherapy toxicities (n=80).

| Toxicity                | Grade |   |   |   |
|-------------------------|-------|---|---|---|
|                         | 1     | 2 | 3 | 4 |
| <b>Gastrointestinal</b> |       |   |   |   |
| Esophagitis             | 1     | 2 | 3 | 0 |
| Gastritis               | 1     | 3 | 1 | 0 |
| Skin                    | 2     | 0 | 0 | 0 |

Table 7: Late radiation toxicities (n=80).

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| Complications                      | No. of Patients (80) | %    |
|------------------------------------|----------------------|------|
| No. of patients with complications | 34                   | 42.5 |
| Wound infection                    | 6                    | 7.5  |
| Anastomosis fistula                | 4                    | 5    |
| Intra-abdominal abscess            | 6                    | 7.5  |
| Postoperative haemorrhage          | 5                    | 6.3  |
| <b>General complications</b>       |                      |      |
| Catheter sepsis                    | 4                    | 5    |
| Thromboembolism                    | 4                    | 5    |
| Pneumonia                          | 5                    | 6.2  |

Table 8: Surgical morbidity and mortality.

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