# Vocal Cues for Assessing the Arousal State of Bottlenose Dolphins (*Tursiops* spp.) Involved in Public Presentations

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## Introduction

The interaction between humans and marine mammals, particularly bottlenose dolphins (*Tursiops* spp.), has been a subject of fascination for decades. These intelligent creatures are often featured in public presentations at aquariums and marine parks, where they perform tricks and engage with audiences. While these interactions are designed to entertain and educate, it is essential to consider the well-being of the dolphins involved. One significant aspect of their welfare is understanding their emotional and physiological states, particularly arousal, which can be inferred through vocalizations. This article explores the vocal cues exhibited by bottlenose dolphins during public presentations, focusing on how these vocalizations can be utilized to assess their arousal states [1].

Arousal is a multifaceted construct that encompasses both physiological and psychological responses to stimuli. In the context of bottlenose dolphins, arousal can be categorized as either positive or negative, influenced by environmental factors, social dynamics, and interactions with humans. Positive arousal might be linked to playfulness, curiosity, or engagement during presentations, while negative arousal may indicate stress, anxiety, or discomfort. Dolphins communicate using a variety of vocalizations, including clicks, whistles, and pulsed calls. Each vocalization type serves different purposes, from echolocation to social interaction. By analyzing these vocalizations, researchers can glean insights into the dolphins' emotional states, particularly during the high-stimulation environment of public presentations [2].

#### **Description**

Clicks are short, broadband sound pulses used primarily for echolocation. Dolphins emit clicks to navigate and hunt in their aquatic environment, allowing them to determine the distance, size, and shape of objects. During public presentations, the frequency and intensity of clicks can change depending on the dolphin's arousal state. Increased clicking may indicate heightened engagement or excitement, while a decrease could suggest withdrawal or discomfort. Whistles are more complex and are often associated with social interactions. They can convey a range of emotions, from excitement to distress. In the context of public presentations, researchers have observed that dolphins may produce more frequent and varied whistles when they are positively engaged, such as during playful interactions with trainers or while performing. Pulsed calls, which are characterized by their rhythmic and repetitive nature, can indicate social bonding and coordination among dolphins. These calls

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may serve as a signal of arousal during public interactions, with variations in pitch and rhythm potentially reflecting the emotional state of the dolphin. Increased use of pulsed calls could suggest a higher level of excitement or stress, depending on the context of the interaction [3].

To accurately assess arousal states through vocalizations, researchers must consider the context in which these sounds are produced. For example, the presence of an audience, the nature of the performance, and the behavior of trainers all contribute to the dolphins' emotional responses. A combination of observational data, vocalization analysis, and physiological measurements (such as heart rate or stress hormone levels) can provide a comprehensive understanding of the dolphins' arousal states. The frequency and intensity of vocalizations are critical indicators of arousal. Studies have shown that as dolphins become more aroused, the number of vocalizations tends to increase. Additionally, the intensity of these calls may vary, with louder calls often indicating higher arousal levels. Tracking these patterns during public presentations can help trainers and researchers gauge the emotional state of the dolphins in real time [4].

Understanding vocal cues related to arousal can significantly enhance training practices and overall dolphin welfare. By closely monitoring vocalizations, trainers can adjust the pace and intensity of public presentations to better suit the emotional states of the dolphins. This responsive approach not only improves the dolphins' experience but also enhances audience engagement. Identifying vocal signs of stress can lead to the implementation of stress reduction strategies. If certain vocal patterns indicate discomfort, trainers can modify their approach, such as reducing the duration of presentations or providing more breaks for the dolphins. This proactive stance is crucial in promoting the well-being of dolphins in human care. Educating the public about dolphin vocalizations and their significance in assessing arousal can foster a greater appreciation for these animals and their welfare needs. By raising awareness, aquariums and marine parks can encourage more empathetic interactions between humans and dolphins, leading to a more enriching experience for both parties [5].

### Conclusion

Bottlenose dolphins are remarkable creatures capable of complex vocalizations that offer invaluable insights into their emotional states, particularly during public presentations. By assessing vocal cues, trainers and researchers can better understand the arousal levels of these dolphins, leading to improved welfare practices and enhanced audience experiences. The ability to decode dolphin vocalizations not only aids in promoting the wellbeing of these animals but also enriches the educational and entertainment value of public presentations. As we continue to explore the intricate relationship between human beings and dolphins, prioritizing the emotional and psychological welfare of these intelligent marine mammals remains paramount. Understanding their vocal cues is a vital step toward ensuring that dolphins can thrive in both natural and human-influenced environments.

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## **Conflict of Interest**

#### None.

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